



# Moving Forward Together: Linking Research, Policy, and Practice

THE DE LAND

# April 11-14, 2018

Legacy Lodge and Conference Center Lake Lanier, Georgia

# GERONTOLOGY

Research · Practice · Service





PROGRAMS OFFERED

Master's Degree Research & Administration Concentrations

Graduate Certificate



gerontology.gsu.edu





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### NEW THIS YEAR

The conference program is also accessible through our event program app. Attendees can access the app two ways:

- Desktop or browser at https://eventmobi.com/sgs/
- From the "App" store on any device download the eventmobi app. Once it is downloaded, enter the meeting code "SGS" to access the program content.







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### Message from SGS/GGS Presidents Jennifer Craft Morgan and Jennifer Beamer



A s Presidents of the Southern Gerontological Society and the Georgia Gerontology Society, we are pleased to welcome you to our 2018 Joint Conference. This meeting serves as the 39th Annual Meeting of The Southern Gerontological Society and the 63rd Annual Conference for the Georgia Gerontology Society. The theme of this meeting is Moving Forward Together: Linking Research, Policy, Practice. This is the ideal opportunity for us to break down siloes and reach across boundaries to figure out how to move forward together to advocate for the policy, research and practice that promotes high quality of life for our members and the older adults they serve.

This exceptional meeting will be held at the beautiful lakeside Legacy Lodge Resort and Conference Center in Lanier Islands in Buford, Georgia. This beautiful resort setting offers all sorts of fun and family friendly activities.

This year, we have implemented a few innovative things in bringing together the two organizations for a joint conference.

- We used the theme to drive session creation in ways that ensure that researchers, practitioners, policy advocates and older adult consumers create linkages in terms of networks, sharing ideas and moving forward the agenda to contribute to older adult quality of life and reduce inequalities.
- We organized the conference into eight tracks. You will notice there is a bit of overlap between the themes. This is done purposefully so that those who normally remain in silos have the opportunity to hear a multitude of perspectives on any given issue. We will have a feature symposium in each of the eight tracks. These feature sessions are highlighted in the program.
- We are implementing some new ways of integrating both well-being and older adults themselves into our conference. There will be a room set aside for mini-workshops that will be appropriate for older adults who are not professional gerontologists and conference attendees who want a wellness break. We have an older adult luncheon on Friday where priority issues of those in attendance will be discussed.
- We are promoting networking between the organizations in more formal ways with a joint awards luncheon and a networking lounge with the poster sessions. We are hoping to build lasting linkages between the two societies so that each can benefit from the strengths of the other and reengage when meetings are geographically closer to either group of attendees.

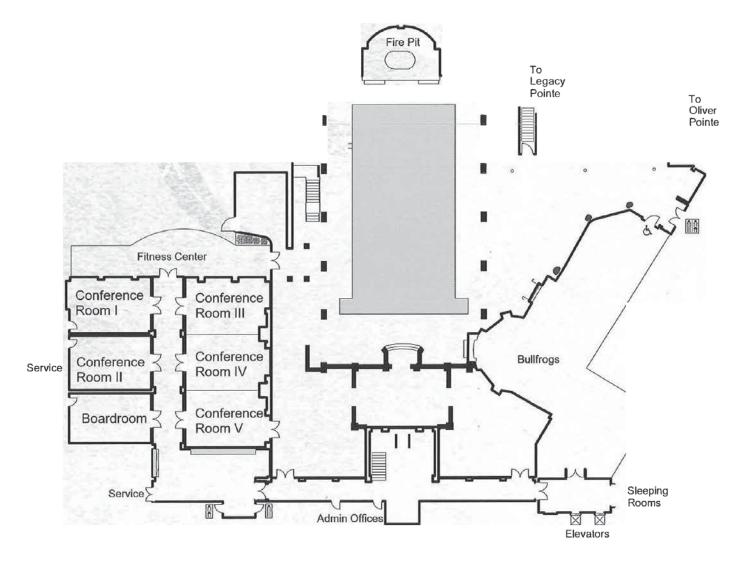
We challenge you to make new friends, try on some new ideas and share your perspectives with your fellow conference attendees. Please also take a moment to thank our two fabulous executive directors, Lee Ann Ferguson and Amanda James, the Boards of both organizations, the sixteen program chairs and the two wellness room chairs, our sponsors, exhibitors and the older adults and others that are joining our meeting for the first time.

We sincerely hope you have an enjoyable and enriching conference experience.

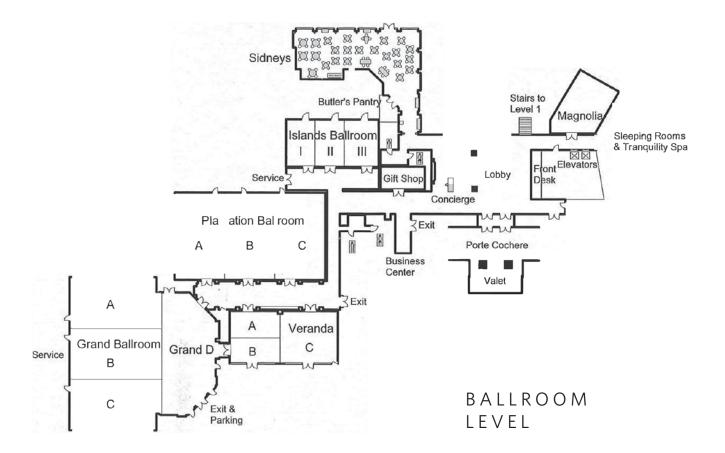
Sincerely,

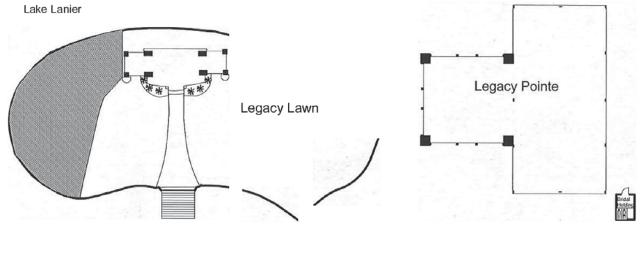
#### Jennifer Craft Morgan and Jennifer Beamer

### **Conference Floorplans**



CONFERENCE POOL LEVEL





### LEGACY OUTDOOR

### Conference At a Glance

		WEDNESDAY APRIL 11		
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
2:30 PM - 5:00 PM	VERANDA A/B/ C	Exhibitor Hall Open		
2:30 PM - 3:30 PM	PLANTATION BALLROOM B	Attended Poster Session		
	MAGNOLIA	Wednesday Mini Wellness Worksho	ops	
1:00 PM - 1:40 PM		Exercises for Low Back Injury Prevention		LaVona Traywick
1:50 PM - 2:30 PM	-	Strategies to Improve Communication with Adults with Neurogenic Communication Disorders		Leigh Odum
3:30 PM - 4:10 PM		Playful Approach to Health and Wellness	-	Gwenyth Johnson
4:20 PM - 5:00 PM		Laugh Your Way to Wellness and Engagement with LaughActive		Celeste Greene
1:00 PM - 2:30 PM		CONCURRENT SESSIONS A		
	PLANTATION BALLROOM A	Community Partnerships Proven to Move Research Into Practice	GEORGIA SHOWCASE	Gwenyth Johnson and Elizabeth Head
	PLANTATION BALLROOM C	Structured Dementia Competent Education Improves the Quality of Life for South Carolina's Dementia Caregivers	PARTNERSHIPS FOR CARE	Macie Smith, Aaron Guest, and Bonnie Bonomo
	CONFERENCE ROOM I	Intergenerational Perspectives on Aging – Combined Session	WELLNESS, WELL-BEING	Discussant: Wendy Simonds
		UNDERGRADUATE VIEWS OF AGING	AND QUALITY OF LIFE	Morgan Avery
		INTERGENERATIONAL PROGRAMMING ON A MULTIGENERATIONAL PLAY PARK AND ITS IMPACT ON OLDER ADULTS	ADVOCACY FOR AND BY OLDER ADULTS	Amanda Dawson
	CONFERENCE ROOM II	What is Social Recovery and How to Start Social Recovery Initiatives for the Aging in Your Community		Miriam Boeri
	CONFERENCE ROOM III	Using Technology to Support Rural Veterans in Later Life: Interpersonal, Institutional and Dyadic Considerations	TECHNOLOGY AND AGING	Antonio Graham, Patricia Griffiths, Nick Housley, Yi- An Chen, Steven Wolf, and Jeananne Elkins

		WEDNESDAY APRIL 11		100
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
1:00 PM - 2:30 PM		CONCURRENT SESSIONS A		'
	CONFERENCE ROOM IV	Reframing Dementia: New Conceptualizations - Combined Session	LIVING WITH DEMENTIA	Discussant: Meredith Swinford
		NORBERT ELIAS: A RESOURCE FOR 21ST CENTURY GERONTOLOGY?	-	Thomas Konrad
		ADLER FOR THE AGING: APPLYING ADLERIAN PRINCIPLES WHEN WORKING WITH OLDER ADULTS AND THOSE LIVING WITH DEMENTIA		Pamela Corsentino
	CONFERENCE ROOM V	Making Places More Livable – Combined Session	POWER OF PLACE: AGING IN THE SOUTH	Discussant: Graham Rowles
		CELEBRATING AGE FRIENDLY THROUGH INTERGENERATIONAL ART		Dana Bradley
		TRANSPORTATION AND SOCIAL ENGAGEMENT IN APPALACHIAN OHIO: INSIGHTS FROM NONDRIVING ELDERS		Sarah Boehle
		GROCERY SHOPPING AND ACCESSING FOOD AS A NONDRIVING ELDER IN APPALACHIAN OHIO	-	Sarah Boehle
2:30 PM - 3:30 PM	VERANDA A/B/ C	Exhibitor and Refreshment Break		
2:30 PM - 3:30 PM	PLANTATION BALLROOM B	Student Poster Session		
3:30 PM - 5:00 PM		CONCURRENT SESSIONS B		
	PLANTATION BALLROOM A	The Power of Behavioral Health Programs on Wellness and Wellbeing   FEATURE SESSION	WELLNESS, WELL-BEING AND QUALITY OF LIFE	Patricia Griffiths, Kenneth Hepburn, Joe Nocera, Katie Kilgore, and Elizabeth Bilsborough

### Conference At a Glance

	WEDNESDAY APRIL 11				
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)	
3:30 PM - 5:00 PM		CONCURRENT SESSIONS B			
	PLANTATION BALLROOM C	Convoys of Care: Developing Collaborative Care Partnerships in Assisted Living - Combined Session	PARTNERSHIPS FOR CARE	Discussant: Candace Kemp	
		LIMITING AND PROMOTING SELFCARE: THE SOCIAL EMBEDDEDNESS OF SELF-CARE IN ASSISTED LIVING		Christina Barmon	
		RESPONDING TO BEHAVIORAL AND PSYCHOLOGICAL SYMPTOMS OF DEMENTIA IN ASSISTED LIVING		Alejandro Torres-Pomales	
		THE INTIMACY OF CARE: INTIMATE CARE RELATIONSHIPS IN ASSISTED LIVING		Andrea Fitzroy	
		AFRICAN AMERICAN RESIDENTS' CARE CONVOYS IN ASSISTED LIVING: AN EXAMINATION ACROSS THREE DIVERSE SETTINGS	WELLNESS, WELL-BEING AND QUALITY		Kendra Jason
	CONFERENCE ROOM I	Nutrition and Quality of Life - Combined Session		Discussant: Amy Riedesel	
		DEPRESSION, MALNUTRITION, AND HEALTH-RELATED QUALITY OF LIFE AMONG NEPALESE ELDERLY	OF LIFE	Saruna Ghimire	
		THE POWER OF MUSIC THERAPY TO COMBAT MALNUTRITION IN OLDER ADULTS		Meredith Bowden	
		DECLINE IN TELOMERE LENGTH BY AGE, GENDER, ALLOSTATIC LOAD AND COMORBIDITIES IN NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY (1999 - 2002)		Saruna Ghimire	
	CONFERENCE ROOM II	Policy and Advocacy for Diverse Populations - Combined Session	DIVERSITY AND AGING	Discussant: Ed Rosenberg	
		AGING IN DRUG USE: HOW THE WAR ON DRUGS IMPACTED THE MATURING OUT OF DRUGS AMONG BABY BOOMERS	-	Miriam Boeri	
		"MINORITY OLDER INDIVIDUALS". NOUN [SEE OLDER AMERICANS ACT] (1965): WHAT IS YOUR PLAN ON AGING'S DEFINITION?		James Moorhead and Lokyee Lee	
		RACIAL/ETHNIC DIVERSITY AND AGING IN THE AGE OF TRUMP		Ed Rosenberg and Anastacia Schulhoff	

		WEDNESDAY APRIL 11		
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
3:30 PM - 5:00 PM		CONCURRENT SESSIONS B		
	CONFERENCE ROOM III	Making Communities Age Friendly - Combined Session	ADVOCACY FOR AND BY OLDER ADULTS	Discussant: Laura Medders
		AGE FRIENDLY COMMUNITIES: A NATIONALLY SUPPORTED, LOCALLY CONTROLLED, FORMAT FOR ORGANIZING AND PROVIDING SERVICES AND SUPPORT TO OUR AGING POPULATION	OLDER ADOLIS	Steven Studebaker and Elizabeth Tait
		BARRIERS TO AGING IN PLACE: INCORPORATING THE VOICE OF ELDERS IN COMMUNITY PLANNING		Diane Martin, Owen Long, and Katherine Pass
	CONFERENCE ROOM IV	Need-Driven Technology Designed to Facilitate Ease of Use for Elders, People Living With Changing Cognitive Abilities, and Those Who Desire Simplicity: The Story of a Simple TV Remote Control Designed for People Who Are Living With Dementia	TECHNOLOGY AND AGING	Kim McRae and Brad Fain
	CONFERENCE ROOM V	Meaningful Engagement and the Arts – Combined Session	LIVING WITH DEMENTIA	Discussants: Molly Levine- Hunt and Brian LeBlanc
		PREFERRED MUSIC DURING BATHING AND GROOMING ACTIVITIES FOR PERSONS WITH DEMENTIA AND THEIR FAMILY CAREGIVERS		Anna Laura McAfee and LaVona Traywick
		ART FROM THE HEART: EVALUATION OF THE ARTMAIL PARTICIPATORY CREATIVE ARTS PROGRAM	-	Sudha Shreeniwas
6:00-7:00 PM	PEACHTREE POINT	2018 BARBARA PITTARD PAYNE		Keynote Speaker:
Reception	FUNT	LECTURESHIP IN GERONTOLOGY		Dr. Tamara Baker
		Sponsored by The Gerontology Institute, Georgia State University		
7:00-8:00 PM Lecture		If we are all created equally, then why am I treated differently? Conceptualizing diversity, disparities, and health determinants collectively		

### Conference At a Glance

		THURSDAY APRIL 12		
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
7:00 AM Breakfast	GRAND BALLROOM	Georgia Spotlight Breakfast Session: A Better Georgia for Older		Commissioner Robyn Crittenden, Indira Tyler, and
7:30 AM - 8:30 AM Lecture		Adults through Collaboration		Jennifer Beamer
9:00 AM - 5:00 PM	VERANDA A/B/ C	Exhibitor Hall Open		
	MAGNOLIA	Thursday Mini Wellness Worksh	ops	
8:45 AM - 9:25 AM		Music & Memory: A Person - Centered, Transformative Intervention		Debra Ferris
9:35 AM - 10:15 AM		The Essence of Essential Oils		Christina Bowen
1:30 PM - 2:30 PM		Health Promotion and Prevention for Individuals Living with Dementia		Devin Bowers and April Holmes
4:00 PM - 4:40 PM		Exercises for Low Back Injury Prevention		LaVona Traywick
4:50 PM - 5:30 PM		Kimono Books: Containers for Memories		Melanie Davenport
8:45 AM - 10:15 AM		CONCURRENT SESSIONS C		
	PLANTATION BALLROOM A	The Power of Place: Breaking Down Silos and Learning from Each Other FEATURE SESSION	POWER OF PLACE: AGING IN THE SOUTH	Graham Rowles, Lois Ricci, Abby Cox, and Debra Tyler- Horton
	PLANTATION BALLROOM C	Long-term Care Challenges and Advocacy Efforts at the State and Federal Level	ADVOCACY FOR AND BY OLDER ADULTS	Kathleen Ujvari, Melissa Sinden, and Kay Argroves
	CONFERENCE ROOM I	Considerations in the Design and Implementation of a Control Group for a Randomized Trial: A Resource for Behavioral Researchers	WELLNESS, WELL-BEING AND QUALITY OF LIFE	Patricia Griffiths, Katie Kilgore, Joe Nocera, Neurology, Elizabeth Bilsborough, and Kenneth Hepburn
	CONFERENCE ROOM II	Entering Their World Becoming an Alzheimer's Whisperer: A Loving and Gentle Approach	LIVING WITH DEMENTIA	Dr. Amy Craven and Katherine Vanderhorst

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		THURSDAY APRIL 12		
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
8:45 AM - 10:15 AM		CONCURRENT SESSIONS C		
	CONFERENCE ROOM III	Diversity and Aging: Needs Assessment – Combined Session	DIVERSITY AND AGING	Discussant: James Moorhead
		CULTURAL GENERATIVITY AMONG SEXUAL AND GENDER MINORITIES: BUILDING FOUNDATIONS OF SELF ACCEPTANCE	~	Kyle Bower
		IRRATIONAL FEAR OF FALLING AND INCONGRUENT FEAR OF FALLING AMONG RACIAL/ETHNIC COMMUNITY-DWELLING OLDER ADULTS: A PILOT STUDY		Ladda Thiamwong
		UNDERSTANDING RAINBOW AGING: DEVELOPMENT AND DELIVERY OF THE KENTUCKY LGBTQ AGING NEEDS ASSESSMENT		Marc Guest and Beth Hunter
	CONFERENCE ROOM IV	Interventions Targeting Health and Well-Being - Combined Session	WELLNESS, WELL-BEING	Discussant: Chivon Mingo
		COMBATING LONELINESS AMONG OLDER ADULTS: INTERVENTIONS AND RESEARCH	AND QUALITY OF LIFE	Kerstin Emerson
		EXERCISE, MOBILITY, AND COGNITION: EVIDENCE-BASED INTERVENTIONS ON IMPROVING COGNITIVE FUNCTIONS IN COMMUNITY-DWELLING OLDER ADULTS		Mei-Lan Chen
	CONFERENCE ROOM V	At-Risk Adult Abuse: Georgia Trends and Initiatives	GEORGIA SHOWCASE	Pat King and Heather Strickland
10:30 AM - 11:30 AM	GRAND BALLROOM	GENERAL SESSION: Ageism in Advocacy Age Advocacy versus Advocacy for Older People: Challenging Contradictions and Disjunctions and Present Anti- Ageist Approaches		Philip Taylor
11:30 AM - 1:15 PM	GRAND BALLROOM	Joint SGS/GGS Awards Luncheon		

### Conference At a Glance

THURSDAY APRIL 12				
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
1:30 PM - 3:00 PM		CONCURRENT SESSIONS D		
	PLANTATION BALLROOM A	<i>Living Fully with Dementia:</i> <i>Changing the Conversation</i>   FEATURE SESSION	LIVING WITH DEMENTIA	Kim McRae, Walter Coffey, Robert Bowles, and Brian LeBlanc
	PLANTATION BALLROOM C	Partnerships, Policies and Programs Supporting Family Caregivers	PARTNERSHIPS FOR CARE	Christine Jensen, Jodi Teitelman, and Dionne Lovett
	CONFERENCE ROOM I	Hoarding: From Treasure to Trash to Treatment	WELLNESS, WELL-BEING AND QUALITY OF LIFE	Martha Lamb
	CONFERENCE ROOM II	Rating the Ratings: Exploring How Rating of Long Term Care Services and Supports are Built, Spread, and Used	ADVOCACY FOR AND BY OLDER ADULTS	Thomas Konrad
	CONFERENCE ROOM III	Barriers to Access and Health Inequalities - Combined Session	DIVERSITY AND AGING	Discussant: Ishan Canty Williams
		IMPACT OF ANTICIPATED BIAS FROM HEALTHCARE PROFESSIONALS ON PERCEIVED SUCCESSFUL AGING AMONG TRANSGENDER AND GENDER NONCONFORMING OLDER ADULTS		Tarynn Witten Co-Authors: Ruth Walker and Sara Powers
		IDENTIFYING TREATMENT BARRIERS FACED BY OLDER AFRICAN AMERICANS LIVING WITH SERIOUS MENTAL ILLNESS: A SYSTEMATIC LITERATURE REVIEW	-	Pamela Manley
		RACIAL AND ETHNIC DIFFERENCES IN HEALTH STATUS AND ACCESS TO MEDICAL CARE AMONG OLDER ADULTS IN NORTH CAROLINA	-	Julian Montoro-Rodriguez, and Jennifer Ramsey
	CONFERENCE ROOM IV	Grassroots Advocacy & Strategic Change to Strengthen Aging - Combined Session	ADVOCACY FOR AND BY OLDER ADULTS	Discussant: Becky Kurtz
		ORGANIZATIONAL CULTURE CHANGE AS PART OF A STRATEGIC PLAN		E. Douglas Beach and Mary Lipovan
		CONNECTING PUBLIC POLICY ADVOCACY TO THE GRASSROOTS: THE GEORGIA CO-AGE MODEL		Vicki Johnson and Maureen Kelly
	CONFERENCE ROOM V	Author Meets Critic: Hurt: Chronicles of the Drug War Generation		Miriam Boeri, Elisabeth Burgess, Wendy Simonds, and Zachary Talbott

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		THURSDAY APRIL 12		
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
3:00 PM - 3:45 PM	VERANDA A/B/ C	Exhibitor, Silent Auction and Refreshment Break		
3:00 PM - 4:00 PM	PLANTATION BALLROOM B	Attended Poster Session (Posters Stay Up Until 5:00 PM)		
4:00 PM - 5:30 PM		CONCURRENT SESSIONS E		
	PLANTATION BALLROOM A	Innovations in Care Partnerships   FEATURE SESSION	PARTNERSHIPS FOR CARE	Elisabeth O. Burgess, Fayron Epps, and Gayle Alston
	PLANTATION BALLROOM C	Moving Forward Together: Advocacy and Coalition Building   FEATURE SESSION	ADVOCACY FOR AND BY OLDER ADULTS	Lee Pearson, Christopher Kelly, and Luci Bearon Discussant: Meredith Breen
	CONFERENCE ROOM I	Meet the Editor: Dr. Julie Robison - Publish or Perish (Not for CEUs)		Julie Robison
	CONFERENCE ROOM II	PARTNERS IN DEMENTIA CARE: A COMMUNITY-UNIVERSITY CASE STUDY	LIVING WITH DEMENTIA	Tiffany Washington and Eve Anthony
	CONFERENCE ROOM III	LAUNCHING AND SUSTAINING A MEMORY CAFÉ TO OFFER SOCIAL SUPPORT AND JOY FOR INDIVIDUALS LIVING WITH DEMENTIA	LIVING WITH DEMENTIA	Becky Watson, Gail Sonnesso, and Angelo Sonnesso
	CONFERENCE ROOM IV	Senior Hunger Initiative in Georgia	GEORGIA SHOWCASE	Gwenyth Johnson
	CONFERENCE ROOM V	Workforce Issues on the Frontline: Learning from Research and Practice	PARTNERSHIPS FOR CARE	Sara Haviland, Michelle Van Noy, Indira Tyler, and Jennifer Craft Morgan
5:30 PM - 7 :00 PM	GRAND BALLROOM	Care Documentary Screening with Director Q&A		Deirdre Fishel
7:00 PM	BONFIRE/ FIREPIT AREA OFF POOL SIDE (Weather Permitting)	Student Reception – All Are Welcome		
7:00 AM - 8:00 AM Breakfast	GRAND BALLROOM	GGS or SGS Business Meetings/ Breakfast		
8:00 - 9:00 AM Business Meeting	A - <b>GGS</b> GRAND BALLROOM B/ C - <b>SGS</b>			
9:00 AM - 5:00 P M	VERANDA A/B/ C	Exhibitor Hall Open		

### Conference At a Glance

		FRIDAY APRIL 13		1
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
	MAGNOLIA	Friday Mini Wellness Workshops		1
9:15 AM - 9:55 AM		Laugh Your Way to Wellness andEngagement with LaughActive		Celeste Greene
10:05 AM - 10:45 AM		Music & Memory: A Person- Centered, Transformative Intervention		Debra Ferris
9:15 AM - 10:45 AM		CONCURRENT SESSIONS F		
	PLANTATION BALLROOM A	Ask the Expert? Aging Workforce Issues		Phil Taylor
	PLANTATION BALLROOM C	Supporting the Wellbeing of Intergenerational Families	WELLNESS, WELL-BEING AND QUALITY OF LIFE	Mary Lou LaComb Davis and Mike Patton
	CONFERENCE ROOM I	Interprofessional Team Improving Care for Hospital Elders	PARTNERSHIPS FOR CARE	Maria Orsini and Usha Pulickal
	CONFERENCE ROOM II	Building the Evidence-Base to Support People with Dementia and Their Care Partners - Combined Session	LIVING WITH DEMENTIA	Discussant: Kellie Mayfield
		THE GEORGIA ALZHEIMER' S PROJECT (GAP): DEVELOPMENT AND IMPLEMENTATION OF MEMORY AS SESSMENT CENTERS (MACS) ACROSS GEORGIA		Rebecca Dillard
		OUTCOMES OF AMBIGUOUS LOSS COPING EDUCATION IN SUPPORT GROUPS ON DEMENTIA CAREGIVER BOUNDARY AMBIGUITY		Matt Estrade
	CONFERENCE ROOM III	Care Collaboration and Care Transitions - Combined Session	PARTNERSHIPS FOR CARE	Discussant: Adrienne Coher
		IDENTIFYING AND OVERCOMING THE CHALLENGES OF PROFESSIONAL AND FAMILY COLLABORATIONS IN CAREGIVING		Adrienne Cohen
		MODELING THE TRANSITION FROM MEDICAL TO PERSON-CENTERED ADULT DAY HEALTH CARE		Min Cole
		OUR FAMILY, OUR WAY: A CARE COMMUNICATION AND COORDINATION GUIDE FOR CAREGIVING FAMILIES		Jennifer Heston
		OFC: PARTNERSHIP AND CARE FOR OLDER AND YOUNGER MILITARY CAREGIVERS		Laura Bauer

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		FRIDAY APRIL 13		
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
9:15 AM - 10:45 AM		CONCURRENT SESSIONS F		-
	CONFERENCE ROOM IV	Exploring Policy Supports for Long Term Care - Combined Session	ADVOCACY FOR AND BY OLDER ADULTS	Discussant: Christopher Kelly
		USING A CROSS-SECTOR COLLABORATIVE FRAMEWORK TO BENCHMARK NURSING HOME PREPAREDNESS, VULNERABILITIES, AND TRAINING NEEDS		Elizabeth McGrady and Sandi Lane
		THE SUBSEQUENT COURSE OF DISABILITY IN OLDER PERSONS DISCHARGED TO A SKILLED NURSING FACILITY AFTER AN ACUTE HOSPITALIZATION		Zuyun Liu
		LONG-TERM CARE POLICY IN SOUTH KOREA AND IMPLICATIONS FOR THE U.S.	-	Christopher Kelly
	CONFERENCE ROOM V	The Technology Experience for Older Adults and Care Partners – Combined Session	TECHNOLOGY AND AGING	Discussant: Carol Jacobs
		THE IMPACT OF INCOME AND EDUCATION ON OLDER ADULTS; DEMAND FOR FIXED AND MOBILE INTERNET		Carol McDonough
		END USER AND CAREGIVER EXPERIENCE OF PERSONAL EMERGENCY RESPONSE SYSTEMS		Sarah Farmer
		MEDICATION ADHERENCE TECHNOLOGIES FOR OLDER ADULTS AGING WITH A DISABILITY		Sarah Farmer
9:15 AM - 10:45 AM	CONFERENCE ROOM V	TELE-SAVVY: AN ON-LINE PROGRAM FOR DEMENTIA CAREGIVERS	TECHNOLOGY AND AGING	Mariya Kovaleva
10:45 AM - 11:30 AM	VERANDA A/B/ C	Exhibitor & Silent Auction Break		
11:30 AM - 1:15 PM	GRAND BALLROOM	<i>Aging Better Together</i> – Round Table Luncheon		Katie Perumbeti and Becky Kurtz
1:30 PM - 3:00 PM	MAGNOLIA	BEAT out Stress through Rhythm	WELLNESS, WELL-BEING AND QUALITY OF LIFE	Becky Watson
	PLANTATION BALLROOM A	<b>Technology and Aging  </b> FEATURE SESSION	TECHNOLOGY AND AGING	Brad Fain and Paul Baker

### Conference At a Glance

TIME		TITLE		
	LOCATION		TRACK	PRESENTER NAME(S)
:30 PM - 3:00 PM	PLANTATION	CONCURRENT SESSIONS G	ADVOCACY	Mary Magunapay Fold
	BALLROOM C	After The Storm: Mitigation, Response and Recovery for Long- Term Care Communities	FOR AND BY OLDER ADULTS	Mary Mcsweeney-Feld, Sandi Lane, and Philip DuBois
	CONFERENCE ROOM I	The Statewide Evolution of an Evidence-Based Program for Caregiving Families	PARTNERSHIPS FOR CARE	Cynthia Holloway, David Watkins, Branka Primetica, and Elizabeth Blount
	CONFERENCE ROOM II	The Georgia Alzheimer's Project (GAP): An Interactive Discussion of the New Statewide Initiative for Provision of Diagnostic Services and Linkage to Care	GEORGIA SHOWCASE	Rebecca Dillard, Laura Medders, Diane Gramann, Kenneth Hepburn, and James Lah
	CONFERENCE ROOM III	Learning from the Past: Gerontological History - Combined Session	ADVOCACY FOR AND BY OLDER ADULTS	Discussant: Elisabeth Burgess
		INTENTIONAL SUB-COMMUNITIES AND IDENTITY CONTINUITY AMONG BABY BOOMERS: GRATEFUL DEAD FANS		Rebecca Adams and Justin Harmon
		THE TWENTY MOST IMPORTANT ADVANCES IN THE FIELD OF AGING IN THE PAST 50 YEARS		Frank Whittington
		EVALUATING NEARLY TWO DECADES OF TRENDS IN GERONTOLOGICAL EDUCATIONAL PROGRAMS		Janice Wassel and Dana Bradley
	CONFERENCE ROOM IV	A Dementia-Capable Virginia: How the FAMILIES Program Supports Caregivers	LIVING WITH DEMENTIA	Christine Jensen and Devir Bowers
	CONFERENCE ROOM V	Community Programming, Services and Partnerships – Combined Session	DIVERSITY AND AGING	Discussant: Ethlyn McQueen-Gibson
		CHALLENGES TO IMPROVING THE HEALTH OF AFRICAN AMERICAN ELDERS LIVING WITH DEMENTIA AND THEIR FAMILIES IN URBAN NEIGHBORHOODS		Fayron Epps
		DEVELOPING PILOT FOR CUSTODIAL AFRICAN-AMERICAN GRANDMOTHERS CARING FOR GRANDCHILDREN IN SOUTHEAST VIRGINIA		Ethlyn McQueen-Gibson
		RACE/ETHNIC DISPARITIES IN REHOSPITALIZATION AMONG OLDER POST-ACUTE HOME HEALTH CARE PATIENTS		David Russell

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TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)
3:00 PM - 4:00 PM	VERANDA A/B/ C	Exhibitor, Silent Auction and Refreshment Break		
3:00 PM - 4:00 PM	PLANTATION BALLROOM B	Attended Poster Session (Posters Stay Up Until 5:00 PM)		
4:00 PM - 5:30 PM		CONCURRENT SESSIONS H	1	
	PLANTATION BALLROOM A	The Georgia Alzheimer's & Related Dementias (GARD) State Plan: A Collaboration of Research, Policy, & Practice	georgia Showcase	Victoria Helmly, Eve Anthony, Jennifer Craft Morgan, and Sheila Humberstone
	PLANTATION BALLROOM C	Improving the Experience of Emergency Departments and Psychiatric Facilities for People with Dementia and Their Care Partners	LIVING WITH DEMENTIA	Lee Higgins, Margaret Kavelage, Kim McRae, an Whitney DeMarlo
	CONFERENCE ROOM I	Game Changers: Recreational Therapy as an Essential Client- Driven Treatment for Older Adult Populations	WELLNESS, WELL-BEING AND QUALITY OF LIFE	Laura Kelly and Angela Sardina
	CONFERENCE ROOM II	Sharing Knowledge to Improve Care Partnerships - Combined Session	PARTNERSHIPS FOR CARE	Discussant: Christina Barmon
		SUPPORTING SUCCESSFUL AGING THROUGH INCREASING OCCUPATIONAL THERAPY STUDENTS' KNOWLEDGE OF AGING RELATIVE TO THEIR PREFERRED POPULATION TO WORK		LaVona Traywick and Brittany Saviers
		INTEGRATED CARE PARTNERSHIPS FOR OLDER ADULTS: USING PROFESSIONAL DEVELOPMENT FOR FACULTY AS A STEPPING STONE		Sarah Marrs, Edward Ansello, and Constance Coogle
		OPENING PANDORA'S BOX: SHARED DECISION MAKING IN END- STAGE RENAL DISEASE		Ann E. Vandenberg
		SENIOR VOLUNTEERS' PERCEPTIONS OF BENEFITING STUDENTS AND GIVING BACK TO THE COMMUNITY FOLLOWING A MULTI PATIENT INTRA AND INTERPROFESSIONAL COLLABORATIVE PRACTICE SIMULATION		Leslie Ann Schwarazer

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### Conference At a Glance

FRIDAY APRIL 13						
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)		
4:00 PM - 5:30 PM		CONCURRENT SESSIONS H				
	CONFERENCE ROOM III	Building an Evidence Base in Georgia: Innovative Interventions – Combined Session	GEORGIA SHOWCASE	Discussant: Melanie McNeil		
		USING FOCUS GROUPS TO ENHANCE THE EVALUATION OF THE MONEY FOLLOWS THE PERSON PROGRAM IN GEORGIA		Chandrika Derricho and Kristi Fuller		
ROOM IV		USING A COMMUNITY FALL PREVENTION EXPO TO ENHANCE KNOWLEDGE AND AWARENESS OF FALL PREVENTION PROGRAMMING IN GEORGIA		Kay Graham and Lisa Howard		
		THE DIRTY MOUTH INITIATIVE: ORAL HYGIENE CARE PILOT PROJECT FOR NURSING HOME RESIDENTS		Kevin Hendler and Melanie McNeil		
	CONFERENCE ROOM IV	The Global Business of Aging Virtual Pitch Competition 2018: Evaluating A Foray into the Longevity Economy	TECHNOLOGY AND AGING	Janice Wassel and Dana Bradley		
	CONFERENCE ROOM V	Student Development - Building Careers that Bridge Silos: Education, Research, Policy and Practice		Discussant: David Sprowl		
6:30 PM - 9:00 PM	LEGACY POINTE	A Night of Celebration Under the Stars				

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SATURDAY APRIL 14						
TIME	LOCATION	TITLE	TRACK	PRESENTER NAME(S)		
8:00 AM - 9:30 AM	GRAND BALLROOM	Diversity Panel Breakfast		Mary Anne Adams, David Schafer, and Shelina Esmail		
10:00 AM - 11:30 AM	GRAND BALLROOM	Council of Presidents Closing Session What's the Southern Experience? Aging in the South in the 21st Century		Moderator: Larry Polivka Panel:Victoria Helmly, Kathy Floyd, and Eve Anthony		
8:30 AM - 4:30 PM		STAY AND TRAINS - There are four additional intensive workshop opportunities				
	PLANTATION BALLROOM C	Alzheimer's & Dementia Care Training		Denise Scruggs		
	VERANDA A/B/ C	Mental Health First Aid		Holly Pounders		
10:00 AM - 12:00 PM	MAGNOLIA	At-Risk Adults Abuse, Neglect & Exploitation		Anna Ayers		
10:00 AM - 3:00 PM	MAGNOLIA	Laugh Longer, Get Stronger: Bringing Fun into Strength Training		Celeste Greene		
Noon - 1:00 PM	PLANTATION BALLROOM B	Soup and Salad Lunch Break for all attendees and Stay & Train participants				

SGS SOLUTION

Daily Schedule & Session Descriptions





### Moving Forward Together: Linking Research, Policy, and Practice

### April 11-14, 2018 Legacy Lodge and Conference Center Lake Lanier, Georgia

Full descriptions/abstracts for all sessions and posters can be found at http://georgiagerontologysociety.org/ annual-conference/ and https://southerngerontologicalsociety.org/meeting.html

#### WEDNESDAY APRIL 11

#### 2:30 PM - 5:00 PM

VERANDA A/B/C

#### Exhibitor Hall Open

We are pleased to have a diverse group of exhibitors joining us for the 2018 Annual Conference. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients.

**2:30 PM - 3:30 PM** (Posters Stay Up Until 5:00 PM) PLANTATION BALLROOM B

#### ATTENDED POSTER SESSION

#### 1 | Understanding Older Adults' Volunteer Behaviors, Altruistic Actions, and their Effects on Well-Being.

Presenter: Dana Graefe, University of North Carolina at Greensboro

Co-Author: Jiyoung Hwang

### 2 | When the Rainbow turns Silver: The Disablement Process.

Presenter: Jeffrey Lentz, Sociology and Gerontology, Georgia State University

#### 3 | Obtaining accurate information in the CBPR context: Challenges and Solutions in the ARTmail project.

Presenters: S. Shreeniwas, Dept. of HDFS , UNC Greensboro Co-Authors: Lia Miller, Jeffrey Labban, A'Lexus Elliott, and Rebecca March

# 4 | Strategies for engaging caregivers in care education through the Cooperative Extension Network.

Presenter: Kristopher Struckmeyer, Human Development & Family Science, Oklahoma State University Co-Authors: Emily Roberts, Sarah Gordon, and Brandon Raczkoski

### 5 | Nursing Home Vulnerability Attributable to Physical Location.

Presenter: Emily Nelson, Health Care Management, Appalachian State University Co-Authors: Sandi Lane, Margaret Sugg, and Matthew Wilson

#### 6 | A Review on the Efficacy of Family Medical Leave to Provide Support to Caregivers of Elderly Family Members.

Presenter: Brenda Bradrick, University of North Carolina Charlotte

### 7 | Factors Influencing Quality of Life for Residents in Long-Term Care Settings: A Literature Review.

Presenter: Brittany Kearney, Gerontology Student, University of North Carolina at Charlotte

#### 8 | Ageist Attitudes in Technology: Are We Teaching Older Adults They Cannot Learn?

Presenter: Laura Jones, Communication, Georgia State University

Co-Author: Jaynette Atkinson

## 9 | Cognitive Impairment and End-of-Life Decision Making.

Presenter: Carolyn Wellford, Nursing, University of Virginia Co-Author: Rafael Romo

#### 10 | A Conceptualization of Cultural Generativity Through the Intergenerational Transmission of Language.

Presenter: Danielle Augustine, University of Georgia Co-Authors: Kyle Bower and Denise Lewis

#### 11 | Music and Memory.

Presenter: Emmy Ballard, Gerontology, University of North Carolina Charlotte

## 12 | Care Givers Care - Who cares for you, while you are caring for your loved one.

Presenter: Carol Jacobs, The Gerontology Institute, Georgia State University Co-Author: Jennifer Craft Morgan

### 13 | The Secret Life of Centenarians and Their Beliefs.

Presenter: Yaw A. Seidu, Georgia State University

## 14 | Social Media Educational Campaign Focused on Care for LGBTQ+ Older Adults.

Presenter: Lokyee Lee, Georgia State University

## 15 | Be Positive: HIV Prevention Awareness Campaign.

Presenter: Alicia Williams, Georgia State University

## 16 | Playtime Recycled: Engaging Older Adults in Physical Activity

Presenter: D'Bora Cross, Georgia State University

#### 17 | A Photography Intervention for Older Adults.

Presenter: Deborah Yoder, Georgia State University

#### 18 | Gerotranscendence Center (GC).

Presenter: Hyo Kim, Georgia State University

### 19 | Pressure Ulcers Awareness and Prevention Among the Elderly.

Presenter: Cheyann Kazemian, Georgia State University

## 20 | Modifying self-management programs to include individuals with Neurodegenerative disease.

Presenter: Kristian Willis, Georgia State University

#### 21 | Tailoring an evidence-based health promotion program with music and motion to better serve older African Americans

Presenter: Karlysa McGhee, Georgia State University

#### Wednesday Mini Wellness Workshops

#### MAGNOLIA

#### 1:00 PM - 1:40 PM

#### Exercises for Low Back Injury Prevention

LaVona Traywick, Occupational Therapy, University of Central Arkansas

In this session, the participants will learn about lowback injury prevention while engaging in exercises designed to strengthen the hamstrings, buttocks, and low-back. Variations of the exercises will be shown to meet different individual fitness levels.

#### 1:50 PM - 2:30 PM

## Strategies to Improve Communication with Adults with Neurogenic Communication Disorders

Leigh Odum, Communication Sciences and Disorders, Western Carolina University

This session will offer strategies to facilitate effective communication with older adults with acquired neurogenic communication disorders.

#### 3:30 PM - 4:10 PM

#### Playful Approach to Health and Wellness

Gwenyth Johnson, Georgia DHS Division of Aging Services

Welcome to healthy aging through play. In this session, we will practice hula hooping and talk about the importance of play not only for a healthy body but brain as well.

#### 4:20 PM - 5:00 PM

## Laugh Your Way to Wellness and Engagement with LaughActive

Celeste Greene, LaughActive

If you want to put the fun in functional fitness for older adults and unlock lasting engagement in exercise programming, laughter is the key. Come ready to play and experience a strength, balance, endurance, and flexibility program that is enhanced by intentional laughter.

# Daily Schedule & Session Descriptions

### WEDNESDAY

APRIL 11

#### CONCURRENT SESSION A

#### 1:00 PM - 2:30 PM

#### Community Partnerships Proven to Move Research Into Practice

PLANTATION BALLROOM A

#### TRACK | GEORGIA SHOWCASE

Gwenyth Johnson, Georgia DHS Division of Aging Services Elizabeth Head, Georgia DPH Division of Injury Prevention

Implementing evidence based programming is the mission of many of our organizations. However, how do we take the proven programs and move them into the community to achieve the desired outcomes? Building partnerships is the key. Community programs must build and develop partnerships with a wide variety of agencies and organizations to expand their reach and sustainability. Here in Georgia, we have had success establishing these types of partnerships for many programs: Georgia Falls Prevention Coalition, Senior Hunger Initiative, Yellow Dot, and many more. In this session, we will discuss not only the successful relationships developed but some of the concerns that may come with the task. From initial call to initiative initiation, we will walk you through the process.

#### Structured Dementia Competent Education Improves the Quality of Life for South Carolina's Dementia Caregivers

PLANTATION BALLROOM C

22

#### TRACK | PARTNERSHIPS FOR CARE

Macie Smith, Columbia Urban League, Diversified Training Consultants Group

Aaron Guest, Graduate Center for Gerontology, University of Kentucky

Bonnie Bonomo, Diversified Training Consultants Group

This presentation will provide applicable and timely information about the core needs of African American dementia caregivers in South Carolina. Participants will walk away with increased knowledge on how to engage African American dementia caregivers in structured community training. Participants will also learn more about Dementia Speaks training topics and how this

information improved the lives of caregivers and the care receivers.

#### Intergenerational Perspectives on Aging – Combined Session

CONFERENCE ROOM I

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Discussant: Wendy Simonds, Sociology, Georgia State University

#### UNDERGRADUATE VIEWS OF AGING

Morgan Avery, Public Health, University of Kentucky Co-Authors: Graham D. Rowles, M. Aaron Guest, Gabriella Torres, Amy Schuster, TIna Kruger, Katherina Nikzad-Terhune, and Keith Anderson

The increased gerontophobic and ageist society experienced and perpetuated by younger individuals today has had a profound negative effect on how students perceive older people's emotional state as they age.

#### INTERGENERATIONAL PROGRAMMING ON A MULTI-GENERATIONAL PLAY PARK AND ITS IMPACT ON OLDER ADULTS

#### Amanda Dawson, Gerontology, University of North Carolina at Charlotte

Intergenerational programming between children and older adults have been shown to make significant contributions to older adults' overall wellbeing; however, it is uncommon to find in research the combination of active aging and intergenerational programming. Because of this gap, this study focuses on comparing a control group, an active control group with those participating in an on-going exercise class offered at a senior center, and an experimental group taking part in an active intergenerational program on a multi-generational play park.

#### What is Social Recovery and How to Start Social Recovery Initiatives for the Aging in Your Community CONFERENCE ROOM II

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

#### Miriam Boeri, Bentley University

Social Recovery is an alternative to incarceration and a complement to treatment for people with problem drug use. Older adults are the fastest growing population of drug users today and few programs provide treatment targeted for older adult needs. One of the primary needs of older adults is engagement in their social environment, and for adults with drug use problems or who have criminal records due to drug use, engagement in healthy social networks presents many barriers. Social Recovery is an initiative developed after years of studying and working with recovering and relapsing older drug users. Drawing from social capital theory, Social Recovery promotes individualized solutions that focus on building social networks. A Social Recovery approach facilitates the process of acquiring the skills, resources, and networks that enhance people's ability to live in society without resorting to problematic substance use. In this workshop, participants will learn how Social Recovery can be implemented at the individual level, at the organization level, and at the institutional level with long-term recovery plans that fit each individual's social situation and life goals. The social building needs of older individuals with current or past problem drug use will be discussed. The goal is for all participants to leave with an understanding of how to use Social Recovery and to encourage Social Recovery initiatives in their communities or organizations.

#### Using Technology to Support Rural Veterans in Later Life: Inter-personal, Institutional and Dyadic Considerations

CONFERENCE ROOM III

#### TRACK | TECHNOLOGY AND AGING

Antonio Graham, Geriatrics, Atlanta Veterans Affairs Medical Center

Patricia Griffiths, Geriatrics, Atlanta Veterans Affairs Medical Center

Nick Housley, Biological Sciences, Georgia Institute of Technology

Yi-An Chen, Physical Therapy, Georgia State University Steven Wolf, Rehabilitation Medicine, Emory University Jeananne Elkins, Physical Therapy, Brenau University Co-Authors: Andrew Butler, Joe Nocera, Mary Kathleen Whitney, Keith McGregor, and Ashley Langston

Rural Veterans are on average, older and in poorer overall health than their urban counterparts, yet many lack access to services and programs that could help them. Technology-enabled interventions hold great promise for enhancing access to specialized geriatric services and for improving quality of life and rehabilitative outcomes for Veterans and their informal caregivers. This symposium uses four programs in the Veterans Health Administration to identify and discuss the barriers and facilitators in implementing tele-health interventions and to illustrate how technology can be used in a variety of ways to improve healthcare delivery systems and promote community engagement in diverse populations of older adults.

#### Reframing Dementia: New Conceptualizations – Combined Session

CONFERENCE ROOM IV

#### TRACK | LIVING WITH DEMENTIA

Discussant: Meredith Swinford, Agape Hospice Care

### NORBERT ELIAS: A RESOURCE FOR 21ST CENTURY GERONTOLOGY?

2018 SGS/GGS JOINT CONFERENCE

#### Thomas Konrad, Sheps Center, UNC Chapel Hill

The work of Sociological theorist Norbert Elias can inform 21st Century gerontology. His essay "The Loneliness of the Dying," framed issues of aging, decline, and death showing how modern society, culture and medicine exacerbate negative aspects of later life. His call to reform foreshadowed contemporary social and community medicine, broader family involvement, and the rise of hospice. Some of Elias' notions might reframe how we approach to the 4th stage of life, especially aging with dementia.

#### ADLER FOR THE AGING: APPLYING ADLERIAN PRINCIPLES WHEN WORKING WITH OLDER ADULTS AND THOSE LIVING WITH DEMENTIA

#### Pamela Corsentino, Lewy Body Dementia Association

The psychosocial needs of older adults are often tied to their physical and cognitive decline as well as their changing social landscape. While rooted in therapeutic counseling, Alfred Adler's principles translate well to the social services/eldercare field to help renew an individual's sense of purpose and adjust their life goals to meet their new reality, which may include co-morbidities and lifestyle changes. These techniques can also be applied to group work such as support groups for care partners and those living with dementia.

#### Making Places More Livable - Combined Session

CONFERENCE ROOM V

#### TRACK | POWER OF PLACE: AGING IN THE SOUTH

Discussant: Graham Rowles, Graduate Center for Gerontology, University of Kentucky

#### CELEBRATING AGE FRIENDLY THROUGH INTERGENERATIONAL ART

Dana Bradley, Center for Gerontology, Western Kentucky This six month project funded through an AARP National Community Engagement Grant engaged multiple generations in a plan to celebrate its ongoing plans for livability and age-friendliness. This project brought together citizens across the lifespan to create a visual mural celebrating the accomplishments of Bowling Green.

### Daily Schedule & Session Descriptions

### WEDNESDAY

### APRIL 11

#### TRANSPORTATION AND SOCIAL ENGAGEMENT IN APPALACHIAN OHIO: INSIGHTS FROM NON-DRIVING ELDERS

### Sarah Boehle, Long Term Care Administration, Shawnee State University

Research indicates that maintaining social-support systems can benefit one's coping skills by reducing stress and providing information, transportation, and/ or emotional support. When older adults do not drive or lack access to public transportation, their ability to interact within the environment may be limited, thereby impairing social engagement. This study provides insight on the level of social interactions experienced by older non-drivers.

## GROCERY SHOPPING AND ACCESSING FOOD AS A NON-DRIVING ELDER IN APPALACHIAN OHIO

## Sarah Boehle, Long Term Care Administration, Shawnee State University

When full-service food stores are not distributed evenly, areas lacking this coverage are labeled as food deserts. Accessing a better food environment means rural residents must have transportation to travel farther, devoting more time and money to the task, or have better local options. In-depth qualitative interviews were conducted with twenty non-driving elders to learn about their strategies for assuring food security in their rural homes.

#### 2:30 PM - 3:30 PM

VERANDA A/B/C

#### Exhibitor and Refreshment Break

We are pleased to have a diverse group of exhibitors joining us for the 2018 Annual Conference. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients.

#### 2:30 PM - 3:30 PM

PLANTATION BALLROOM B

#### Student Poster Session

Please join us for this attended student poster session from 2:30pm until 3:30pm. Posters will remain on display until 5pm.

#### CONCURRENT SESSIONS B

#### 3:30 PM - 5:00 PM

## The Power of Behavioral Health Programs on Wellness and Well-being | FEATURE SESSION

PLANTATION BALLROOM A

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Patricia Griffiths, School of Medicine, Emory University Kenneth Hepburn, Nell Hodgson Woodruff School of Nursing, Emory University

Joe Nocera, Neurology, Emory University Katie Kilgore, Nell Hodgson Woodruff School of Nursing, Emory University

Elizabeth Bilsborough, Nell Hodgson Woodruff School of Nursing, Emory University

In this session, an ongoing NIH sponsored randomized controlled trial for dementia caregivers serves as an exemplar to illustrate the interplay of research, practice, and policy within the context of behavioral health programs. In the first presentation, a brief overview of the Tele-Savvy Psychoeducation program is followed by an outline of the curriculum. The weekly curricula were strategically composed to address the physical, emotional, and spiritual health of the caring dyad in addition to providing essential information about dementia as a chronic disease, caregiving strategies, and symptom management. The second presentation explicates the methodological, ethical and logistical issues that were systematically addressed in the development of the "Tele-Savvy Healthy Living Control Group". A brief outline of the mechanical/pragmatic elements is followed by a discussion on the substantial challenges encountered and overcome in the process of constructing a meaningful and beneficial program distinct from active

Tele-Savvy content. The resulting program incorporates evidence-based, vetted information on healthy lifestyle behaviors (e.g., NIA Go4Life; USDA ChooseMyPlate) with content developed specifically for this program by content matter experts. In the third presentation, team members share their experiences with navigating and facilitating the Healthy Living Control Group including strategies to enhance participant engagement and mitigate boredom, disappointment and attrition. In the final session, the policy implications are discussed. While this program is unique, the implications and issues are ubiquitous in research. Thus, it can provide a template and guide for researchers, practitioners, and policy makers interested in the impact of welldesigned behavioral health programs on wellness and well-being.

#### Convoys of Care: Developing Collaborative Care Partnerships in Assisted Living – Combined Session

PLANTATION BALLROOM C

#### TRACK | PARTNERSHIPS FOR CARE

Discussant: Candace Kemp, The Gerontology Institute, Georgia State University

#### LIMITING AND PROMOTING SELF-CARE: THE SOCIAL EMBEDDEDNESS OF SELF-CARE IN ASSISTED LIVING

Christina Barmon, Sociology, Central Connecticut State University

#### Co-Authors: Jennifer Craft Morgan, Candace Kemp, Mary Ball, and Andrea Fitzroy

Residents in assisted living often experience challenges in managing multiple chronic conditions, thus impacting quality of life and the ability to age in place. The aims of this study are to enhance understanding of residents' self-care activities, identify the multi-level social factors that facilitate and constrain self-care, and illustrate the dynamic negotiation of self-care within convoys over time.

#### RESPONDING TO BEHAVIORAL AND PSYCHOLOGICAL SYMPTOMS OF DEMENTIA IN ASSISTED LIVING

Alejandro Torres-Pomales, Georgia State University Co-Authors: Candace Kemp and Patrick Doyle

Estimates suggest that by 2020 over 42 million people worldwide will have dementia and that up to 80% of those people will exhibit behavioral and psychological symptoms of dementia (BPSD) – e.g., agitation, aggression, depression. This study investigated instances of BPSD among assisted living (AL) residents living with dementia. Our aims were:1) examine care workers' perceptions of BPSD among AL residents; 2) understand how and under what circumstances AL care staff seek outside assistance from family and external care workers when addressing BPSD; and (3) identify the implications of such collaboration for resident's quality of life and care in AL.

#### THE INTIMACY OF CARE: INTIMATE CARE RELATIONSHIPS IN ASSISTED LIVING

#### Andrea Fitzroy, Georgia State University Co-Authors: Candace Kemp and Elisabeth Burgess

In assisted living, intimate care tasks are often carried out by paid direct care workers, yet discussions of personal care often omit the intimate nature of care work. Our findings have implications for policy and practice aimed at improving the care process for assisted living residents and their care partners.

#### AFRICAN AMERICAN RESIDENTS' CARE CONVOYS IN ASSISTED LIVING: AN EXAMINATION ACROSS THREE DIVERSE SETTINGS

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Kendra Jason, Sociology, University of North Carolina at Charlotte

Co-Authors: Candace Kemp and Molly Perkins

Assisted Living (AL) is the fastest growing formal long-term care option for older adults in the nation; yet, in part due to cultural preferences and systemic barriers, it is a care setting in which African Americans are disproportionately underrepresented. Our aims are to: 1) examine the structure and function of African American residents' care convoys in AL; and 2) identify the factors that facilitate or constrain residents' ability to age in place with quality care.

### Nutrition and Quality of Life – Combined Session

CONFERENCE ROOM I

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Discussant: Amy Riedesel, Georgia Department of Behavioral Health and Developmental Disabilities

#### DEPRESSION, MALNUTRITION, AND HEALTH-RELATED QUALITY OF LIFE AMONG NEPALESE ELDERLY

Saruna Ghimire, University of Nevada

In Nepal, the population growth rate of the elderly is higher than the total population growth rate but different aspects of their wellbeing is unknown. The national prevalence of malnutrition among Nepalese older adults is entirely unknown. Therefore, the current study (among urban older adults) in conjugation with our previous nutritional assessment in rural part will provide a comprehensive knowledge on this important issue.

### THE POWER OF MUSIC THERAPY TO COMBAT MALNUTRITION IN OLDER ADULTS

#### Meredith Bowden, Center for Integrative Oncology, Greenville Memorial Hospital

Poor nutritional health is a common, yet often neglected quality-of-life concern for older adults. In this session, new research on the power of music therapy to combat malnutrition is presented and implications for improving the health of older adults is discussed.

### Daily Schedule & Session Descriptions

#### WEDNESDAY APRIL 11

#### DECLINE IN TELOMERE LENGTH BY AGE, GENDER, ALLOSTATIC LOAD AND COMORBIDITIES IN NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY (1999-2002)

#### Saruna Ghimire, University of Nevada

The association between health status and telomere length has been fairly well established, but it is unclear how quickly telomere length declines with increasing age, or whether there is variability in this rate of decline with gender, chronic stress and morbidities, all of which influence telomere dynamics. In our study, using the data from NHANES 1999-2002, we found a heterogeneity in decline in telomere length with age, gender, allostatic load, and comorbidities. Our findings imply that interventions aimed at preserving telomere length should be targeted at younger ages, not just at old age and female's ages 20-29 and 50-59 years are potential subgroups of interests for interventions aimed at preserving telomere length.

#### Policy and Advocacy for Diverse Populations – Combined Session

CONFERENCE ROOM II

#### TRACK | DIVERSITY AND AGING

Discussant: Ed Rosenberg, Department of Sociology, Appalachian State University

#### AGING IN DRUG USE: HOW THE WAR ON DRUGS IMPACTED THE MATURING OUT OF DRUGS AMONG BABY BOOMERS

#### Miriam Boeri, Bentley University

Based on interviews with 100 baby boomers who used heroin/opioids, cocaine/crack, or methamphetamine after age of 35, their lives were analyzed in historical context using life course perspectives. According to Winick's "maturing out theory", they should have stopped using hard drugs. Their stories reveal that the war on drugs prevented them from maturing out, and instead they were maturing in drug use.

#### "MINORITY OLDER INDIVIDUALS". NOUN [SEE OLDER AMERICANS ACT] (1965): WHAT IS YOUR PLAN ON AGING'S DEFINITION?

James Moorhead, Georgia DHS Division of Aging Services Lokyee Lee, Georgia State University

The Older Americans Act of 1965 requires each designated planning and service area to include

"minority older individuals" when targeting aging and disability services. This presentation highlights key findings on data collected about how such populations are defined in State and Area Plans on Aging across the nation.

## RACIAL/ETHNIC DIVERSITY AND AGING IN THE AGE OF TRUMP

Ed Rosenberg, Appalachian State University Anastacia Schulhoff, Appalachian State University

Racial/ethnic minority older adults, currently 19% of Americans age 65+, are projected to comprise 40% of this group by 2050, yet coverage of minority aging in major gerontology journals disproportionately lags. A review of Trump administration policies and actions leads to recommendations for re-balancing gerontology research foci regarding minority elders and for strategies to improve public awareness, attitudes and advocacy actions regarding the concerns of minority elders in a less-than- hospitable socio-political environment.

#### Making Communities Age Friendly – Combined Session

CONFERENCE ROOM III

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Discussant: Laura Medders, Integrated Memory Care Clinic, Emory University

#### AGE FRIENDLY COMMUNITIES: A NATIONALLY SUPPORTED, LOCALLY CONTROLLED, FORMAT FOR ORGANIZING AND PROVIDING SERVICES AND SUPPORT TO OUR AGING POPULATION

Steven Studebaker, Studebaker Investments Elizabeth Tait, Western Carolina University

Age Friendly Communities is a nationally supported, locally controlled, proven format for organizing and providing services and supports to our aging population. Learn how the Age Friendly Communities process can assist you to target and make improvements in the eight domains that influence the health and quality of life in your community.

## BARRIERS TO AGING IN PLACE: INCORPORATING THE VOICE OF ELDERS IN COMMUNITY PLANNING

Diane Martin, Owen Long, and Katherine Pass, Center for the Study of Aging, McDaniel College Co-Authors: Akire Gaines and Maureen Ngugi

Identifying perceived and existing barriers to agingin-place is necessary as communities develop strategies to support community-dwelling elders. Based on data from a quasi-rural county Aging-in-Place needs assessment, barriers include need for home modification, need for assistance, isolation, and behavioral health concerns. Need-Driven Technology Designed to Facilitate Ease of Use for Elders, People Living With Changing Cognitive Abilities, and Those Who Desire Simplicity: The Story of a Simple TV Remote Control Designed for People Who Are Living With Dementia

CONFERENCE ROOM IV

#### TRACK | TECHNOLOGY AND AGING

Kim McRae, Have a Good Life Brad Fain, Intuitive Design Applied Research Institute

Technology and Aging... Often it's hard for us to wrap our minds around these two topics at the same time because so much of technology these days is advancing so fast and is so complicated that we cannot keep up with it. It seems as though those in the "technology space" are trying to create designs and applications for use in the "George Jetson" age! Sometimes it seems that the technologies have been designed without even thinking about or considering the needs of an older population that might have some of the challenges that may come to older adults, like arthritis, vision and hearing loss. What about people who do not want, or are not able to use, all of the fancy "bells and whistles" that appear on so many of the electronics that are available today? Can people living with dementia, including Alzheimer's disease, and other causes of changing cognitive abilities, benefit from using technology? And if not, why not? This session will present a case study of a simple user interface that was designed by a family caregiver for a parent who was living with dementia who was not able to use the family's TV remote control. (Let's be honest, how many of YOU are REMOTELY CHALLENGED™?) The story of the initial problem that needed a solution, ideation, initial mock-up and working prototype design, usability prototype product testing with Elders and other target audiences, the process of obtaining patents, and the status of marketing efforts will be shared.

## Meaningful Engagement and the Arts – Combined Session

CONFERENCE ROOM V

#### TRACK | LIVING WITH DEMENTIA

Discussants: Molly Levine-Hunt, Jewish Family and Career Services

Brian LeBlanc, Person Living with Dementia, Dementia Advocate

#### PREFERRED MUSIC DURING BATHING AND GROOMING ACTIVITIES FOR PERSONS WITH DEMENTIA AND THEIR FAMILY CAREGIVERS

Anna Laura McAfee, University of Central Arkansas LaVona Traywick, Occupational Therapy, University of Central Arkansas

This study looked at how preferred music during bathing/grooming activities impacted the relationship

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between family caregivers and persons with dementia. The intervention included pre- and postinterviews, bathing logs, and songs to signal the bathing activities.

#### ART FROM THE HEART: EVALUATION OF THE ARTMAIL PARTICIPATORY CREATIVE ARTS PROGRAM

Sudha Shreeniwas, Dept. of HDFS, UNC Greensboro Lia Miller, Creative Aging Network NC Co-Authors: Jeffrey Labban

This presentation is about the NEA-funded evaluation of the ARTmail for Alzheimer's program, a communityengaged project using a quasi-experimental method, with intervention and control groups; mixed methods approach. The effect of participatory arts on seniors' neuropsychiatric symptoms was evaluated. A total of 178 seniors participated in the study. Their caregivers were interviewed. Effects of participation was also assessed by qualitative methods. Emerging results are presented.

#### 2018 BARBARA PITTARD PAYNE LECTURESHIP IN GERONTOLOGY Sponsored by The Gerontology Institute, Georgia State University

#### 6:00-7:00 pm | Reception

7:00-8:00 pm | Lecture

#### Keynote Speaker: Dr. Tamara Baker

# If we are all created equally, then why am I treated differently? Conceptualizing diversity, disparities, and health determinants collectively.

This keynote will address the significance social determinants have in explaining health outcomes across the life course, while recognizing the influence each has in research, policy, and community-based settings. Further discussion will focus on addressing how and why health disparities and inequalities continue to plague our most vulnerable and marginalized populations. The session will conclude with suggestions for creating a platform that emphasizes institutional and social change.

The Barbara Pittard Payne Lectureship was established in 1990 in honor of Dr. Barbara Payne-Stancil, founding director of the Gerontology Center (now the Gerontology Institute) at Georgia State University. The lectureship is a tribute to Dr. Payne-Stancil's distinguished career and contributions to the field of Gerontology.

### Daily Schedule & Session Descriptions

### THURSDAY

APRIL 12

#### 7:00 am | Breakfast

GRAND BALLROOM

## Georgia Spotlight Breakfast Session: A Better Georgia for Older Adults through Collaboration

#### 7:30 AM - 8:30 AM | Lecture

Commissioner Robyn Crittenden, Georgia DHS Division of Aging Services

Indira Tyler, Gwinnett Technical College Jennifer Beamer, Atlanta Regional Commission

In 2017, Gov. Nathan Deal created the Georgia's Older Adults Cabinet, a committee working to enhance the state's capacity to serve older adults. The Older Adults Cabinet seeks to identify ways for Georgia to improve the well-being of its older residents by bringing together state agency heads whose work supports older Georgians, as well as stakeholders in the business, philanthropic, and education communities. Workforce development has been identified as one of the key issues the Older Adults Cabinet will begin to address and several exciting projects have blossomed from this collaboration. During this session, Indira D. Tyler, PhD, RN, CNE, will discuss one of these exciting projects: Incorporating the Aging Program into the Associate Degree Nursing Program. Preparing nursing students for the dynamic healthcare workforce is challenging. Faculty at a technical college have outlined interactive learning activities to ensure the nursing workforce trusted to care for the aging population are compassionate and competent. The session will focus on the strategies implemented to develop nursing students' clinical judgement skills and ensure that program graduates are capable of caring for the aging population. In addition, attendees will briefly learn about other exciting initiatives in Georgia.

#### 9:00 AM to 5:00 PM

VERANDA A/B/C

#### Exhibitor Hall Open

We are pleased to have a diverse group of exhibitors joining us for the 2018 Annual Conference. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients.

#### Thursday Mini Wellness Workshops

#### MAGNOLIA

#### 8:45 AM - 9:25 AM

## *Music & Memory: A Person-Centered, Transformative Intervention*

Debra Ferris, Music & Memory

This mini-workshop session is a description of music and its impact on those with dementia. This session will give biological descriptions of the impacts as well as how to implement music into the lives of those with programming/interaction standpoint.

#### 9:35 AM - 10:15 AM

#### The Essence of Essential Oils

Christina Bowen, University of Central Arkansas

In this beginner essential oils class, attendees will explore the essence of essential oils and learn about what essential oils are, how they are made, safety precautions, and how to use them.

#### 1:30 PM - 2:30 PM

#### Health Promotion and Prevention for Individuals Living with Dementia

Devin Bowers, Virginia Department for Aging and Rehabilitative Services

April Holmes, Virginia Department for Aging and Rehabilitative Services

There are approximately 140,000 individuals living with Alzheimer's disease in the Commonwealth of Virginia and this number is projected to increase to 190,000 by 2025. At the Department for Aging and Rehabilitative Services, the agencies statewide initiative Live Well, Virginia!, which includes Chronic Disease Self-Management Education and A Matter of Balance, has been expanded to include persons with early-stage dementia and their care partners. Participation in the Chronic Disease Self-Management Program (CDSMP) can empower individuals living with early-state dementia and their care partners to engage in self-care and to re-engage in enjoyable and fulfilling activities. Come experience the CDSMP from the perspective of a participant and learn how Virginia is tackling health promotion and prevention for this special population.

#### 4:00 PM - 4:40 PM

#### Exercises for Low Back Injury Prevention

LaVona Traywick, Occupational Therapy, University of Central Arkansas

In this session, the participants will learn about lowback injury prevention while engaging in exercises designed to strengthen the hamstrings, buttocks, and low-back. Variations of the exercises will be shown to meet different individual fitness levels.

#### 4:50 PM - 5:30 PM

#### Kimono Books: Containers for Memories

Melanie Davenport, Ernest G. Welch School of Art and Design, Georgia State University

In this session, participants will create a small kimono book to decorate and keep. Suggestions for filling the pages will include: family photos, favorite poems, affirmations, favorite flowers, etc. Materials for making the book and creating a beautiful cover will be provided.

#### CONCURRENT SESSIONS C

#### 8:45 AM - 10:15 AM

## The Power of Place: Breaking Down Silos and Learning from Each Other | FEATURE SESSION

PLANTATION BALLROOM A

#### TRACK | POWER OF PLACE: AGING IN THE SOUTH

Graham Rowles, Graduate Center for Gerontology, University of Kentucky Lois Ricci, Professional and Continuing Education,

Kennesaw State University, AARP GA Abby Cox, Georgia DHS, Division of Aging Services Debra Tyler-Horton, AARP GA

The southern United States is a unique region with distinctive challenges facing its elderly population; poverty, limited health care, chronic illnesses, and devastating natural hazards. Approaching its 40th anniversary, the Southern Gerontological Society (SGS) has become a leading organization bridging the academy and world of practice in the south. Within the region, most states have their own organizations including gerontology societies and chapters of AARP, each with agendas, priorities, and an identity attuned to local circumstances. There has been limited information and best practice collaboration among state organizations or between state organizations and SGS. Each entity has functioned as an organizational silo. In an era of limited resources, this workshop focuses on (1) the development of a southern regional agenda for research and service priorities and (2) initiating a forum and mechanisms for sharing and linking the insights and concerns of individual states. The workshop will report findings from a survey of priorities conducted by the SGS Development Committee early in 2018. Second, the workshop will consider current priorities and activities in two sample states. Initiatives of the Georgia Older Adult Cabinet (est. 2017) and the Georgia Gerontology Society (GGS, est. 1956) will be discussed and compared with current initiatives of the Kentucky Institute on Aging (est.1974) and Kentucky Association for Gerontology (KAG, est. 1969).

## Long-term Care Challenges and Advocacy Efforts at the State and Federal Level

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PLANTATION BALLROOM C

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Kathleen Ujvari, AARP Public Policy Institute Melissa Sinden, AARP Georgia Kay Argroves, AARP Advocacy Volunteer

As the nation's population continues to age, longterm care is becoming an increasingly important policy concern. Approximately 70 percent of people turning 65 will need some form of long-term services and supports (LTSS) during their lifetimes, posing challenges not only for older adults and their families, but also for existing infrastructures. First, the age 85 and older population is growing at a dramatic rate and this demographic is the most likely to need LTSS. Second, the supply of family caregivers is unlikely to keep pace with future demand. Next, there is a need to expand Home and Community Based Services (HCBS) by reallocating Medicaid spending from institutional care, toward more cost effective HCBS alternatives. Finally, solutions are needed to address potentially catastrophic costs of LTSS. Several states and advocacy groups, as well as the federal government, have undertaken unique and innovative efforts to address these issues and improve longterm care delivery. Specifically, AARP Georgia has realized success related to caregiving initiatives through effective utilization of volunteers, grassroots activism, and key partnerships with like minded organizations.

#### Considerations in the Design and Implementation of a Control Group for a Randomized Trial: A Resource for Behavioral Researchers

CONFERENCE ROOM I

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Patricia Griffiths, School of Medicine, Emory University Katie Kilgore, Nell Hodgson Woodruff School of Nursing, Emory University Joe Nocera, Neurology, Emory University Elizabeth Bilsborough, Nell Hodgson Woodruff School of Nursing, Emory University Kenneth Hepburn, Nell Hodgson Woodruff School of Nursing , Emory University Co-Author: Mariya Kovaleva

This workshop is designed to stimulate conversation around the many factors in the design of control groups including: minimizing bias, and paralleling

### Daily Schedule & Session Descriptions

#### THURSDAY APRIL 12

intensity, duration, frequency and equivalency of exposure to a therapeutic agent while balancing and respecting participant burden and time, adhering to methodological rigor, protecting against crosscontamination and compromised outcomes and minimizing spurious conclusions. The Healthy Living Control Group will be made available for use as a resource to attendees who wish to use it for current or future behavioral research studies. Workshop participants should be prepared to consult with the group and brainstorm ways in which the materials can be modified to address the unique components of their individual interventions or programs.

## Entering Their World Becoming an Alzheimer's Whisperer: A Loving and Gentle Approach

CONFERENCE ROOM II

#### TRACK | LIVING WITH DEMENTIA

Dr. Amy Craven, C & V Senior Care Specialists, Inc. Katherine Vanderhorst, C & V Senior Care Specialists, Inc.

This presentation will address the importance of caregiver education to recognize the stage an individual with dementia is in. Caregivers that understand where someone is in the progression of the disease can effectively help to increase an individual's feelings of usefulness and selfworth. Strategies will be taught on how to provide environmental modifications to maximize the individual with dementias functional independence.

## Diversity and Aging: Needs Assessment – Combined Session

CONFERENCE ROOM III

#### TRACK | DIVERSITY AND AGING

Discussant: James Moorhead, Georgia DHS Division of Aging Services

#### CULTURAL GENERATIVITY AMONG SEXUAL AND GENDER MINORITIES: BUILDING FOUNDATIONS OF SELF-ACCEPTANCE

Kyle Bower, Human Development and Family Science, University of Georgia

Co-Authors: Denise Lewis, J. Maria Bermudez, and Anneliese Singh

Cultural generativity refers to the concern older adults have for the future well-being of younger generations and is understood to develop throughout the life course. In addition, cultural generativity has been found to result in positive well-being during later life, which is important to lesbian, gay, bisexual, and transgender (LGBT) older adults who have been recipients of lifelong enacted and felt stigma.

#### IRRATIONAL FEAR OF FALLING AND INCONGRUENT FEAR OF FALLING AMONG RACIAL/ETHNIC COMMUNITY-DWELLING OLDER ADULTS: A PILOT STUDY

#### Ladda Thiamwong, College of Nursing, University of Central Florida

This study aimed to quantify the disparities between perceived fall risk and actual fall risk among racial/ ethnic older adults. The Asian group had the highest percentage of irrational FOF and the Hispanic group had the highest percentage of incongruent FOF.

#### UNDERSTANDING RAINBOW AGING: DEVELOPMENT AND DELIVERY OF THE KENTUCKY LGBTQ AGING NEEDS ASSESSMENT

Marc Guest, Graduate Center for Gerontology, University of Kentucky

Beth Hunter, Graduate Center for Gerontology, University of Kentucky

LGBT individuals have higher health disparities and inequality than their heterosexual counterparts. Recognizing this, the community-based Kentucky Aging LGBTQ Needs Assessment was developed to understand the needs of aging LGBTQ individuals in Kentucky. Early results and best practices for research with aging LGBTQ populations will be discussed.

#### Interventions Targeting Health and Well-Being – Combined Session

CONFERENCE ROOM IV

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Discussant: Chivon Mingo, The Gerontology Institute. Georgia State University

#### COMBATING LONELINESS AMONG OLDER ADULTS: INTERVENTIONS AND RESEARCH

Kerstin Emerson, Gerontology, University of Georgia

This presentation will address interventions to combat loneliness among older adults, ranging from large national interventions to smaller community programs. Evidence-based research will be presented.

#### EXERCISE, MOBILITY, AND COGNITION: EVIDENCE-BASED INTERVENTIONS ON IMPROVING COGNITIVE FUNCTIONS IN COMMUNITY-DWELLING OLDER ADULTS

#### Mei-Lan Chen, School of Nursing, Georgia State University

The purpose of this study is to review the effect of randomized controlled trials (RCTs) on improving cognitive function in community-dwelling older adults. The effects of RCTs and intervention recommendations are discussed for future research and clinical practice in older adults.

#### At-Risk Adult Abuse: Georgia Trends and Initiatives

CONFERENCE ROOM V

#### TRACK | GEORGIA SHOWCASE

Pat King, Georgia DHS, Division of Aging Services Heather Strickland, Georgia Bureau of Investigation

Georgia is on the forefront of addressing the abuse, neglect and exploitation of older adults and adults with disabilities. By engaging partners from multiple fields including the criminal justice system, social services, advocates, and more, Georgia has made tremendous progress in the prosecution of these crimes. Georgia is considered a model state and representatives from various agencies have been invited to speak at multiple national conferences. This presentation will discuss the different trends and initiatives in Georgia as well as provide information on how Georgia has been able to move this issue forward and tips for professionals from other states to do the same.

#### 10:30 AM - 11:30 AM

GRAND BALLROOM

#### General Session: Ageism in Advocacy

#### Age Advocacy versus Advocacy for Older People: Challenging Contradictions and Disjunctions and Present Anti-Ageist Approaches

Dr. Philip Taylor is an internationally recognized scholar in the area of workforce aging and older worker policy and advocacy. This talk will focus on how we, as advocates for older people, might recognize society-level ageism and reframe our efforts to promote a more inclusive and equitable foundation for older adults whether or not they are working for pay.

#### 11:30 AM - 1:15 PM

GRAND BALLROOM

#### Awards Luncheon

Please join us as we celebrate significant achievement and contributions to the field of aging by honoring SGS and GGS award and scholarship recipients.

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#### CONCURRENT SESSIONS D

#### 1:30 PM - 3:00 PM

#### *Living Fully with Dementia: Changing the Conversation* | FEATURE SESSION

PLANTATION BALLROOM A

#### TRACK | LIVING WITH DEMENTIA

Kim McRae, Have a Good Life Walter Coffey, WD International Consulting Robert Bowles, Retired Pharmacist turned Dementia Advocate, Living Beyond Diagnosis Brian LeBlanc, Person Living with Dementia, Dementia Advocate

Most Americans do not understand dementia: however, almost everyone's life has been touched by it. Until there is a cure, we must come together as a community of caring to change the conversation and focus on how to improve the experience of the dementia journey and increase well-being and quality of life for the people who are living with dementia NOW, as well as for those that care about and for them. We will explore the dementia care issues impacting our country, and learn about the national and state efforts and promising practices that are underway to transform dementia care in America to help people live well with dementia. Participants will learn why person-centered dementia care is at the forefront of state and federal regulatory changes, operational best practices, and quality initiatives across the country and worldwide spanning the entire spectrum of long-term care, healthcare, and home and community-based services. Understanding the differences between the "traditional," "medical," and "institutional" model compared to the philosophy and approach of person-centered dementia care and support is vital. We will present the core values and philosophy for person-centered dementia care, and how to better understand the PERSON who is living with changing cognitive abilities. We will also investigate what people living with dementia tell us is most important for them, and share the results from two national surveys of individuals living with dementia and caregivers. This session is a call to action for person-centered dementia care!

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#### Partnerships, Policies and Programs Supporting Family Caregivers

PLANTATION BALLROOM C

#### TRACK | PARTNERSHIPS FOR CARE

Christine Jensen, Health Services Research, Riverside Center for Excellence in Aging and Lifelong Health Jodi Teitelman, Occupational Therapy, Virginia Commonwealth University

Dionne Lovett, Coastal Regional Commission Area Agency on Aging

This panel presentation will review current and pending legislation, at the national level and in selected Southern states, that is designed to support the 40 million-plus family members providing care to adults and older adults in the U.S. Emphasis will be placed on policies and advocacy targeting Alzheimer's disease and related types of dementia, and on initiatives providing funding and support for evidence-based programs and services. First, programs and legislation addressing family caregiving at the Federal level will be discussed, including the recent passage of the RAISE Family Caregivers Act, the Hope for Alzheimer's Act, the BOLD (Building Our Largest Dementia Infrastructure for Alzheimer's) Act, and the National Alzheimer's Act. Second, programs currently available in Virginia, Georgia and Florida, among others, will be identified. These caregiver support programs include Operation Family Caregiver, RCI-REACH, Caring For You, Caring For Me, the New York University Caregiver Intervention, and care transitions interventions. In addition, the AARP CARE Act, now enacted in a number of Southern states, will be addressed, including how states are educating caregivers and monitoring hospitals. Finally, participants will have the opportunity to exchange information about successes, challenges, and state-level responses in partnerships that support family care for older adults.

## Hoarding: From Treasure to Trash to Treatment

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Martha Lamb, Private Practice

32 When does being a "collector" turn into being a "hoarder?" We'll examine this question in more depth

in this presentation. We're specifically addressing this subject today because of the relatively new diagnosis in the Diagnostic Statistical Manual volume 5 of "hoarding disorder" and because of the amount of clutter some persons as they age accumulate. We'll look at research regarding possible prevalence rates, demographics, risk factors, characteristics, consequences, diagnosis, and treatment for hoarding disorder. You'll be completing a brief inventory privately as a clue to whether you may have crossed over the border to having a "hoarding disorder." I'll be sharing some examples and war stories along the way. Then we can go home, perhaps a little more motivated to approach some meaningful conversations on the subject with friends or family or maybe just to clean out a drawer or two.

#### Rating the Ratings: Exploring How Rating of Long Term Care Services and Supports are Built, Spread, and Used

CONFERENCE ROOM II

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Thomas Konrad, Sheps Center, UNC Chapel Hill Although the facts continue to speak for themselves and the litany is now a familiar one, the population of older adults in the United States is growing and is expected to continue its march. It is difficult to imagine any field that the aging of society will not touch from clothing and furniture design to transportation to food preparation. Responses to aging through technology and design are rapidly expanding into all sectors of the economy. And vet, gerontological education rooted in the social sciences gives the impression numerous programs are teetering at a precipice and clinging to the few students who yearly enter the programs. Are gerontology programs not linked with medical schools and still grounded in traditional social science surviving, growing, and meeting the demands of the future workforce. This paper is timely as demonstrated by the decline in membership in the primary international gerontological educational society. This membership decline necessitated a subsequent merger with another society for survival presenting the question, "how is gerontological education doing?" This paper seeks to answer that question empirically. Data from years 2000, 2011, and 2017 (N=1601) are used to demonstrate the growth/decline of gerontological programs, restructuring of programs, and other program changes that might impact programs. Discussion on the dependency of social science and the structure of the gerontology programs leading to potential success, autonomy, and permanency and where the next gerontological leadership will come concludes the presentation.

#### Barriers to Access and Health Inequalities – Combined Session

CONFERENCE ROOM III

#### TRACK | DIVERSITY AND AGING

Discussant: Ishan Canty Williams, School of Nursing, University of Virginia

#### IMPACT OF ANTICIPATED BIAS FROM HEALTHCARE PROFESSIONALS ON PERCEIVED SUCCESSFUL AGING AMONG TRANSGENDER AND GENDER NONCONFORMING OLDER ADULTS

Tarynn Witten, Virginia Commonwealth University Co-Authors: Ruth Walker and Sara Powers

Transgender and gender nonconforming (TGNC) persons have routinely experienced high rates of violence and discrimination. Discrimination in

healthcare can affect the ability of TGNC persons to age successfully as it often deters them from seeking care. The purpose of this study was to determine if anticipation of bias from healthcare professionals, as well as other variables, predicted perceived successful aging in a sample of TGNC adults.

#### IDENTIFYING TREATMENT BARRIERS FACED BY OLDER AFRICAN AMERICANS LIVING WITH SERIOUS MENTAL ILLNESS: A SYSTEMATIC LITERATURE REVIEW

#### Pamela Manley, Georgia State University

The prevalence of severe and persistent mental illness in older minority adults is a growing public health problem in the U.S. Based on an in-depth review of the current literature, Pamela presents findings of original research studies that identify barriers confronted by older African Americans living with schizophrenia, bipolar disorder, and major depression.

#### RACIAL AND ETHNIC DIFFERENCES IN HEALTH STATUS AND ACCESS TO MEDICAL CARE AMONG OLDER ADULTS IN NORTH CAROLINA

Julian Montoro-Rodriguez, Gerontology, UNC Charlotte

Jennifer Ramsey, Gerontology, UNC Charlotte

This paper examines socio-demographic characteristics, health status, and service use patterns of Whites, African Americans, and Latinos 60 and older in Charlotte and Mecklenburg County in North Carolina. Results show significant differences in health status and use of medical and social services. White, Latino, and African American older adults also indicated significant differences in service utilization concerning public libraries, nutritional programs, church involvement, and welfare services.

### Grassroots Advocacy & Strategic Change to Strengthen Aging - Combined Session

TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Discussant: Becky Kurtz, Atlanta Regional Commission

## ORGANIZATIONAL CULTURE CHANGE AS PART OF A STRATEGIC PLAN

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E. Douglas Beach, Western Reserve Area Agency on Aging Mary Lipovan, Culture Change & Special Projects, Western Reserve Area Agency on Aging

WRAAA was a small agency, comfortable with the status quo PASSPORT/AL pass-through system. Managed Care Organizations came to the town with little information and a moving target of metrics. Next came brutal truth, rapid growth and learning to make lemonade (aka Organizational Culture Change).

### CONNECTING PUBLIC POLICY ADVOCACY TO THE GRASSROOTS: THE GEORGIA CO-AGE MODEL

Vicki Johnson, Georgia Council on Aging Maureen Kelly, Georgia Council on Aging

This presentation will review the founding experience of the Coalition of Advocates for Georgia's Elderly (CO-AGE), identify strategies used for the growth of the organization, and share suggestions for successful grassroots advocacy for public policy.

#### Author Meets Critic: Hurt: Chronicles of the Drug War Generation

CONFERENCE ROOM V

Miriam Boeri, Bentley University

Alexis Bender, Emory University School of Medicine Elisabeth Burgess, The Gerontology Institute, Georgia State University

Wendy Simonds, Sociology, Georgia State University Zachary Talbott, Counseling Solutions Treatment Centers

In this book, the author draws from first-person accounts of aging baby boomers who used methamphetamine, cocaine, crack, and heroin past the age when they should have "matured out" of drug use. Set in historical context, with penetrating attention to the intersectionality of race, gender, class, and aging, Boeri reveals the impact of an increasingly punitive War on Drugs on the generation that came of age when the drug war began. Her analysis of human suffering over the life course into old age painstakingly illustrates the failure of a drug policy that continues today. Boeri recommends

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alternative solutions to address drug problems, offering important insights for experts in public health, social services, and public policy. This panel presentation will be in an Author Meets Critic format. First, the discussant (Alexis Bender) will provide an overview of the book and its application to aging practice. Second, Zac Talbott from Counseling Solutions Treatment Centers, Wendy Simonds, an expert in the area of medicalization, and Elisabeth Burgess, an expert in relationships over the life course, will take the role of critics and set out their impressions and outline the importance of the issues raised by the book specifically in relationship to drug use and recovery over the life course. Finally, the author of the book, Miriam Boeri, will respond to the critics and take questions from the audience.

#### 3:00 PM - 3:45 PM

VERANDA A/B/C

#### Exhibitor, Silent Auction and Refreshment Break

We are pleased to have a diverse group of exhibitors joining us for the 2018 Annual Conference. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients. Don't forget to visit the Silent Auction in Islands Ballroom III.

#### 3:00 PM - 4:00 PM

PLANTATION BALLROOM B

#### ATTENDED POSTER SESSION

(Posters Stay Up Until 5:00 PM)

Please join us for this attended general poster session from 3:00 pm until 4:00 pm. Posters will remain on display until 5pm.

#### 22 | The Final Word: Connecticut MFP Participants' Qualitative Feedback on Program Experiences

Presenter: Kaleigh Ligus, Center on Aging, UCONN Health

Co-Authors: Kate Kellett and Julie Robison

23 | Social Problems Warriors: Native American Elder Identities on Tribal Nursing Homes Websites and Facebook Pages

Presenter: Anastacia Schulhoff, Sociology, Appalachian State University

# 24 | Health and associated social problems of elderly population in an urban setting: a study from Kolkata, India

Presenter: Kallol Kumar Bhattacharyya, The Gerontology Institute, Georgia State University, Imambara Sadar Hospital

#### 25 | Impacts of Age Friendly Communities on Older Adults' Quality of Life: A Protocol for a Systematic Review.

Presenter: Elizabeth Tait, Master of Health Science, Western Carolina University Co-Author: Steven Studebaker

#### 26 | The Role of Direct Care Workers in Person-Centered Home Care

Presenter: Jennifer Heston, Scripps Gerontology Center

27 | The Effect of Video Gaming on Physical Activity among Nursing Home Residents

Presenter: Tomika Williams, East Carolina University

### 28 | The Impact of an ACT for Older Adults Group in a VA Outpatient Clinic: Pilot Findings

Presenter: Morgan Eichorst, Salem VAMC Co-Authors: Megan Blackwell, Katherine Luci, and Lindsey Jacobs

29 | Integration of Albany Georgia's historical sociocultural underpinnings related to implementation of a Safe City Plan focusing on ways to promote participation of older residents.

Presenter: Pamela Brown, Sociology & Psychology, Albany State University

Co-Author: Marlene Ramsey

30 | Ageism as a Contributing Factor to the Proliferation of Elder Abuse and Neglect

Presenter: Anita Blowers, University of North Carolina at Charlotte

Co-Authors: Amanda Thomas and Sheryl Gerrard 31 | Effects of periodical multicomponent exercise training and detraining for 18 months on physical function in older adults with dementia

Presenter: Seung youn Hong, Dept of Senior Industry, Kangnam University

32 | Health Outcomes of Retired Women

Presenter: Francine Sheppard, Family and Community Nursing, The University of North Carolina at Greensboro

33 | Feasibility and Pilot Outcomes of an Abbreviated Mindfulness-Based Retreat for VA Community Living Center Nursing Staff

Presenter: Morgan Eichorst, Salem VAMC Co-Authors: Lauren Hagemann and Katherine Luci 34 | The Virginia GrandDriver website: A central hub for Virginia's older drivers and stakeholder

#### organizations

Presenter: Leland Waters, Virginia Center on Aging, Virginia Commonwealth University Co-Author: Nancy Lo

## 35 | Comparing Reductionist and Systems-Oriented Approaches to Falls Prevention in Old Age

Presenter: Patrick Dillon, Graduate Center for Gerontology, University of Kentucky

#### 36 | Does the 12-week of Group-based Multicomponent intervention affect the physical and cognitive function in MCI seniors?

Presenter: Seung youn Hong, Dept of Senior Industry, Kangnam University

## 37 | Chewing and Swallowing Problems of Congregate Meal Nutrition Program Attendees.

Presenter: Nancy Gal, UF/IFAS Marion County Extension

Co-Authors: Melissa Alvarez, Lacey Mead, and Wendy Dahl

#### 38 | Challenges in Adhering to Cancer Treatments among Older African American Adults in Eastern North Carolina

Presenter: Abby J. Schwartz, East Carolina University School of Social Work

Co-Authors: Carol L. Jenkins and Shelia G. Bunch

#### 39 | Recruiting racial/ethnic community-dwelling older adults for a fall risk screening: A minority research scientist's experience

Presenter: Ladda Thiamwong, College of Nursing, University of Central Florida

#### 40 | What I Would Give for a Good Night's Sleep

Presenter: Pam Cushenan, Dental Hygiene, Georgia State University

#### 41 | A Pilot Program to Improve Dementia Care Among African-American Caregivers: Dementia Speaks

Presenter: Macie Smith, Columbia Urban League Co-Authors: Marc Guest, Briana Thompson, Bonnie Bonomo, and Valeria Boykin-Tate

## 42 | Fear of falling and eye movement behavior in young adults and older adults during walking: A case study

Presenter: Ladda Thiamwong, College of Nursing, University of Central Florida Co-Authors: Nahal Norouzi and Gregory Welch

#### 2018 SGS/GGS JOINT CONFERENCE

#### CONCURRENT SESSION E

#### 4:00 PM - 5:30 PM

#### Innovations in Care Partnerships | FEATURE SESSION

PLANTATION BALLROOM A

#### TRACK | PARTNERSHIPS FOR CARE

Elisabeth O. Burgess, The Gerontology Institute, Georgia State University

Fayron Epps, The Gerontology Institute, Georgia State University

Gayle Alston, Rosalynn Carter Institute for Caregiving, Georgia Southwestern State

The complexity of care relationships, including the myriad of stakeholders involved in caring for older adults and the potential range of care settings makes the development and maintenance of effective care partnership necessary and challenging tasks. Creativity and moving beyond the status quo are required in order to promote quality of life and care for care recipients and caregivers alike. This feature session includes three papers that present innovative models to study and promote care partnerships.

First, Burgess et al., consider quality of life and care in assisted living as it is understood and experienced by residents and their entire care networks over time. Next, Epps and colleagues describe the partnerships formed to promote dementia-friendly culture within African American faith communities. In the final paper, Alston describes experience and partnerships to scale up a caregiver support program from a statewide initiative to national expansion. Burgess Co-Authors: Candace L. Kemp, Joy A. Appel, Lokyee Lee, Alejandro Torres-Pomales, and Nataska Belton Epps Co-Authors: Jacque Thorton, Tonya Miller, Mia Chester, and Glenn B. Allen Sr.

#### Moving Forward Together: Advocacy and Coalition Building FEATURE SESSION

PLANTATION BALLROOM C

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Lee Pearson, University of South Carolina Christopher Kelly, University of Nebraska-Omaha Luci Bearon, North Carolina State University Discussant: Meredith Breen, Breen Consulting

In this featured panel discussion, we discuss how sound data/research, understanding of local resources, and inclusive collaborations are needed to move aging policy forward. Dr. Lee Pearson (University of SC) shares his experience

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convening a state-level task force to identify needed improvements in South Carolina's long-term care system and offers an update on current efforts to advance policy solutions recommended by the task force. Dr. Christopher Kelly (University of Nebraska-Omaha) reports on the work begun in 2016 by the state legislature's "Nebraska State Plan for Alzheimer's Disease and Related

Dementias" (LB.320) and the resultant 2017 task force comprising of representatives from state elected-leaders, aging-based CBOs, academics, adult-diagnosed advocates, and family caregivers to ensure

state-wide recommendations and implementation. Dr. Luci Bearon (NCSU) highlights the importance of clear, inclusive communication and collaboration across disciplinary silos and community stakeholders.

Drawing from studies concerning roles available to educators, journalists, and researchers to enhance the public's understanding around aging (gerontological literacy), she discusses how our research,

practice, and advocacy are needed to craft strong policy to reflect accurately not only our work but also for the populations directly and indirectly affected by our policy recommendations.

## Meet the Editor: Dr. Julie Robison – Publish or Perish

(Not for CEUs)

Juile Robison, University of Connecticut, Editor, Journal of Applied Gerontology

Meet the new editor of SGS's Journal of Applied Gerontology. Dr. Robison will discuss the process of submitting articles for review and give tips and insights into putting together a manuscript for publication. A great opportunity for insight for junior scholars and students alike.

#### Building Dementia-Friendly Community Partnerships and Services

CONFERENCE ROOM II

#### TRACK | LIVING WITH DEMENTIA

Discussants: Walter Coffey, WD International Consulting Robert Bowles, Retired Pharmacist turned Dementia Advocate, Living Beyond Diagnosis

#### PARTNERS IN DEMENTIA CARE: A COMMUNITY-UNIVERSITY CASE STUDY

Tiffany Washington, School of Social Work, University of Georgia

Eve Anthony, Athens Community Council on Aging

Community respite programs are important for easing the emotional and physical challenges of family caregiving. This case study describes a respite program partnership between a research intensive university and a non-profit organization focused on aging services.

#### Launching and Sustaining a Memory Café to Offer Social Support and Joy for Individuals Living with Dementia

CONFERENCE ROOM III

#### TRACK | LIVING WITH DEMENTIA

Becky Watson, Music for Wellness, LLC Gail Sonnesso, GEM Day Services, Inc. Angelo Sonnesso, GEM Day Services, Inc.

Memory Cafés are valuable forms of social support for care partners and family members in their caring role for individuals living with dementia. This interactive workshop will discuss steps to establish a Memory Café or other dementia friendly community engagement opportunities to provide a social environment for individuals (early to middle stage dementia). The presenters will cover why Memory Cafés and dementia friendly social settings are needed, who attends including highlighting the capabilities and stages of early to middle stage dementia, community collaboration opportunities, and steps to launching a memory Café.

#### Senior Hunger Initiative in Georgia

CONFERENCE ROOM IV

#### TRACK | GEORGIA SHOWCASE

*Gwenyth Johnson, Georgia DHS Division of Aging Services* Georgia has been working for the last two years to change the issue of senior hunger for our citizens. National research ranks our state as tenth for threat of senior hunger. This is not a statistic that we can live with. During December of 2017 the Governor received the State Plan to Address Senior Hunger, a document developed by the Department of Human Services Division of Aging Services in partnership with the Georgia Aging Network, nonprofits, universities, for-profit organizations, other government organizations and many individuals. Attend this session and learn the status of the state plan, participate in best practice discussions, and find out how to get involved in your area.

## Workforce Issues on the Frontline: Learning from Research and Practice

CONFERENCE ROOM V

#### TRACK | PARTNERSHIPS FOR CARE

Sara Haviland, Education & Employment Research Center, Rutgers University School of Management and Labor Relations

Michelle Van Noy, Education & Employment Research Center, Rutgers University School of Management and Labor Relations

Indira Tyler, Nursing and Life Sciences, Gwinnett Technical College

Jennifer Craft Morgan, The Gerontology Institute, Georgia State University

As the population ages and its care needs increase, projected shortages in the population of frontline caregivers threaten to undermine the delivery of care. However, frontline care positions often exemplify many characteristics of bad jobs: low pay, high turnover, and limited career ladders. Finding ways to both increase the population of frontline care workers and improve their job quality is critical. This session will feature three experts on educational and employer pathways to careers. The session will outline best practices in career development, educational pathways, and employer supports for recruitment and retention of frontline care workers in health care and long term care services and supports.

## DEVELOPING HEALTHCARE CAREER PATHWAYS FOR FRONTLINE WORKERS

Sara Haviland and Michele Van Noy

A CONTEMPORARY CURRICULUM FOR CONTEMPORARY NURSING PRACTICE

Indira Tyler

EMPLOYER SUPPORTS FOR RECRUITING AND RETAINING DIRECT CARE WORKERS Jennifer Craft Morgan

#### 5:30 PM - 7:00 PM

GRAND BALLROOM

#### Care Documentary Screening with Director Q&A

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From the filmmaker - "Care pulls back the curtain on the poignant and largely hidden world of in-home elder care. Beautifully shot and deeply moving, the film reveals the complex nature of the work, the intimate bonds that form between care workers and elders-and the cracks in a system that is poorly serving both". The documentary screening will be followed by a discussion with the filmmaker, Deirdre Fishel. "Care" has been awarded this year's Southern Gerontological Society's Media Award.

#### 7:00 PM

BONFIRE/FIREPIT AREA OFF POOL SIDE (Weather Permitting)

#### Student Reception - All Are Welcome

Come and enjoy making S'mores and engage in some friendly networking!

FRIDAY	
APRIL 13	
MINIL IJ	

#### 7:00 AM - 8:00 AM | Breakfast

#### GGS or SGS Business Meetings/Breakfast

GRAND BALLROOM A - GGS GRAND BALLROOM B/C - SGS

#### 8:00 - 9:00 AM | Business Meeting

Join GGS or SGS for their Annual Business Meeting to learn more about the organization's activities, services, and upcoming projects.

#### 9:00 AM - 5:00 PM

VERANDA A/B/C

#### Exhibitor Hall Open from

We are pleased to have a diverse group of exhibitors joining us for the 2018 Annual Conference. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients.

#### FRIDAY APRIL 13

#### Friday Mini Wellness Workshops

MAGNOLIA

#### 9:15 AM - 9:55 AM

## Laugh Your Way to Wellness and Engagement with LaughActive

#### Celeste Greene, LaughActive

If you want to put the fun in functional fitness for older adults and unlock lasting engagement in exercise programming, laughter is the key. Come ready to play and experience a strength, balance, endurance, and flexibility program that is enhanced by intentional laughter.

#### 10:05 AM - 10:45 AM

## Music & Memory: A Person-Centered, Transformative Intervention

#### Debra Ferris, Music & Memory

This mini-workshop session is a description of music and its impact on those with dementia. This session will give biological descriptions of the impacts as well as how to implement music into the lives of those with programming/interaction standpoint.

#### CONCURRENT SESSIONS F

#### 9:15 AM - 10:45 AM

#### Ask the Expert? Aging Workforce Issues

PLANTATION BALLROOM A

#### Phil Taylor, Federation University

Dr. Philip Taylor, our keynote speaker addressing ageism in the workforce and advocacy, will hold a special "Ask the Expert" session. We invite employers and employees of all stripes to come with their workforce aging issues from ageism in the workplace to organizational knowledge retention to working longer past retirement age and ask the expert. Dr. Taylor will offer a few organizing remarks based on what he's heard at the conference and his perspective and Dr. Morgan will facilitate questions from the audience.

## Supporting the Wellbeing of Intergenerational Families

PLANTATION BALLROOM C

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Mary Lou LaComb Davis, College of Nursing, Augusta University

Mike Patton, College of Nursing, Augusta University

Supporting the well-being of intergenerational families involves community partnerships and a strength based empowerment model. A portrait of the Healthy Grandparent Program at Augusta University, College of Nursing, the grandparent family personal challenges and opportunities, implications for research, education, practice, and policy development supporting wellbeing of intergenerational families will be shared.

## Interprofessional Team Improving Care for Hospital Elders

CONFERENCE ROOM I

#### TRACK | PARTNERSHIPS FOR CARE

Maria Orsini, Durham VA Health Care System Usha Pulickal, Durham VA Health Care System

The purpose of this workshop is to teach interprofessional teams how to better care for elderly patients with delirium. Participants will demonstrate assessing an elderly patient using the Confusion Assessment Method (CAM) validated tool and will practice assessing for possible causes of delirium using the CHIMBOP model. Participants will also practice situation monitoring, mutual support, and communication skills among the interprofessional team when caring for elderly patients with delirium. This workshop was developed based on the results obtained in a mixed-methods study completed in 2016 that showed that using TeamSTEPPS tools, including "I am Concerned, Uncomfortable, this is a Safety issue" (CUS), promoted patient safety and encouraged team communication. During the focus groups, members of the team stated that the use of standardized communication tools such as CUS improved communication between RNs and providers. Participants also stated that using structured tools helped guide communication and promote a shared understanding of what is wrong with a patient. Qualitative data showed a significant difference in pre-post training scores for: 1) brief, clear, specific, and timely communication; 2) sharing mental model; and 3) advocating for patient safety using CUS.

#### Building the Evidence-Base to Support People with Dementia and Their Care Partners – Combined Session

CONFERENCE ROOM II

#### TRACK | LIVING WITH DEMENTIA

Discussant: Kellie Mayfield, Georgia State University

#### THE GEORGIA ALZHEIMER'S PROJECT (GAP): DEVELOPMENT AND IMPLEMENTATION OF MEMORY ASSESSMENT CENTERS (MACS) ACROSS GEORGIA.

#### Rebecca Dillard, Emory University

Co-Authors: James Lah, Kenneth Hepburn, Laura Medders, Theodore M. Johnson, II and Allan Levey

The GAP creates a network of Memory Assessment Centers (MAC) to improve access to care and quality of life for Georgians with dementia and their families by addressing current gaps in clinical diagnostic services, and linkage to community resources. MAC workflows are modeled after the Emory Brain Health Center; best practice models and validated tools coupled with intensive provider training will ensure accurate and expedient diagnosis of Alzheimer's and other Related Dementias.

#### OUTCOMES OF AMBIGUOUS LOSS COPING EDUCATION IN SUPPORT GROUPS ON DEMENTIA CAREGIVER BOUNDARY AMBIGUITY

Matt Estrade, Department of Gerontology, University of Louisiana at Monroe; Department of Neurology and Neurosciences, Ochsner Clinic Foundation; Care Partner Mentoring, LLC

Co-Author: Karen Kopera-Frye

Many dementia care partners/caregivers experience ambiguous loss, or an unclear loss, because their loved one is physically present, but not the same person. Care partners may benefit from acknowledging the concept of ambiguous loss and by participating in specific psychoeducational support groups.

## Care Collaboration and Care Transitions – Combined Session

CONFERENCE ROOM III

#### TRACK | PARTNERSHIPS FOR CARE

Discussant: Adrienne Cohen, Center for Social Gerontology, Georgia Southern University

#### IDENTIFYING AND OVERCOMING THE CHALLENGES OF PROFESSIONAL AND FAMILY COLLABORATIONS IN CAREGIVING

Adrienne Cohen, Center for Social Gerontology, Georgia Southern University

Collaborations between professionals and family caregivers have advantages such as sharing information and caregiving responsibilities and challenges including having different priorities and communication challenges. This paper presents findings from an exploratory and descriptive qualitative study that reveal strategies that social service providers can use to enhance collaboration with families and overcome challenges.

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## MODELING THE TRANSITION FROM MEDICAL TO PERSON-CENTERED ADULT DAY HEALTH CARE

Min Cole, Rehabilitation and Health Services, University of North Texas

The primary aim of this research is to document the culture change from a traditional, medical modeal to a Person-Centered Care model in a communitybased setting of Adult Day Health Center, and measure its compliance with standards set by the federal government and the state of California. The project's ultimate aim is to develop a means to gauge compliance, and create a model for Participant-Directed Care to be easily taught and learned for adoption in the future to improve healthcare quality, safety, coordination, and the overall quality of life for older adults with multiple chronic conditions and functional limitations.

#### OUR FAMILY, OUR WAY: A CARE COMMUNICATION AND COORDINATION GUIDE FOR CAREGIVING FAMILIES

Jennifer Heston, Scripps Gerontology Center, Miami University

Co-Authors: Kathryn McGrew, Erin Kelly, and Nytasia Hicks

This paper shares the lessons learned from a recent pilot study to develop, implement, and test a familydirected guide for addressing communication challenges and inequitable care and support arrangements in caregiving families. Of particular interest was ensuring that the elder with care needs be an equal participate in family discussions and out care and support.

## OFC: PARTNERSHIP AND CARE FOR OLDER AND YOUNGER MILITARY CAREGIVERS

Laura Bauer, Rosalynn Carter Institute for Caregiving Co-Authors: Leisa Easom, Naomi Latini, Kelly Wang and Schieloh Wolfe

Caring for our nation's service members and veterans is an honor and a role gladly accepted by spouses, parents, and friends. Operation Family Caregiver is an evidence-based program that assists these military caregivers to have a rewarding and healthy caregiving journey.

#### FRIDAY APRIL 13

#### Exploring Policy Supports for Long Term Care – Combined Session

CONFERENCE ROOM IV

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Discussant: Christopher Kelly, Gerontology, University of Nebraska at Omaha

#### USING A CROSS-SECTOR COLLABORATIVE FRAMEWORK TO BENCHMARK NURSING HOME PREPAREDNESS, VULNERABILITIES, AND TRAINING NEEDS

Elizabeth McGrady, Nutrition and Health Care Management, Appalachian State University Sandi Lane, Nutrition and Health Care Management, Appalachian State University

Cross-sector collaboration of regulators, advocates, and providers is needed to ensure safety. Indexes can be used to measure system level preparedness and provide a means to compare vital information for partners within collaborative groups.

#### THE SUBSEQUENT COURSE OF DISABILITY IN OLDER PERSONS DISCHARGED TO A SKILLED NURSING FACILITY AFTER AN ACUTE HOSPITALIZATION

Zuyun Liu, Internal Medicine, Yale University

This paper sought to evaluate the association between the type of acute hospitalization and subsequent course of disability in older persons discharged to a skilled nursing facility (SNF). Design and results will be discussed.

## LONG-TERM CARE POLICY IN SOUTH KOREA AND IMPLICATIONS FOR THE U.S.

Wonjeong Haavisto, Gerontology, University of Nebraska at Omaha

Christopher Kelly, Gerontology, University of Nebraska at Omaha

This study reviews the implementation of long-term care policy as a social insurance program in South Korea and discusses implications for the US.

#### The Technology Experience for Older Adults and Care Partners – Combined Session

CONFERENCE ROOM V

#### TRACK | TECHNOLOGY AND AGING

40 Discussant: Carol Jacobs, Georgia State University

#### THE IMPACT OF INCOME AND EDUCATION ON OLDER ADULTS; DEMAND FOR FIXED AND MOBILE INTERNET

Carol McDonough, Economics, University of Massachusetts Lowell

Several studies have found that older adults with higher income and education levels have higher levels of Internet use. The survey results suggest that not only do Internet use, Internet unuse, and Internet nonuse vary with income and education levels but gender-based differences in Internet use, unuse, and nonuse, as well as gender-based differences in mode of access and purpose for using the Internet are also reported.

## END USER AND CAREGIVER EXPERIENCE OF PERSONAL EMERGENCY RESPONSE SYSTEMS

Sarah Farmer, ICL, Georgia Tech Research Institute

An effective Personal Emergency Response System (PERS) will help eliminate one of the common threats to independence that older adults face by amplifying the connection between the person being cared for and the people that are providing the care. In order for these technologies to be successfully adopted by the user; however, a thorough understanding of the user, the context, and the environment must occur.

#### MEDICATION ADHERENCE TECHNOLOGIES FOR OLDER ADULTS AGING WITH A DISABILITY

Sarah Farmer, ICL, Georgia Tech Research Institute

This study was designed to understand medication management strategies of older adults with disabilities so that barriers to adherence can be identified and interventions can be developed to help support those who have issues with adherence. Specifically, this study aimed to examine how medication adherence in this population differs from older adults without long-term disabilities and identify the issues with accessibility for extant mediation adherence interventions and technology solutions.

## TELE-SAVVY: AN ON-LINE PROGRAM FOR DEMENTIA CAREGIVERS

#### Mariya Kovaleva, Nell Hodgson Woodruff School of Nursing, Emory University

## Co-Authors: Patricia Griffiths, Kate Whitney, and Kenneth Hepburn

This presentation will describe the implementation and results of a pilot project - Tele-Savvy - an on-line adaptation of an evidence-based Savvy Caregiver Program that is currently offered in multiple states for caregivers of persons living with Alzheimer's disease and other dementias. This presentation will summarize the experience of designing and conducting the pilot as well as patient- and caregiver-centered results of this study that laid the foundation for the currently ongoing nationwide randomized controlled trial.

#### 10:45 AM - 11:30 AM

VERANDA A/B/C

#### Exhibitor & Silent Auction Break

We are pleased to have a diverse group of exhibitors joining us for the 2018 Annual Conference. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients. Don't forget to visit the Silent Auction in Islands Ballroom III.

#### 11:30 AM - 1:15 PM

GRAND BALLROOM

#### Aging Better Together - Round Table Luncheon

Katie Perumbeti and Becky Kurtz, Aging & Independence Services, Atlanta Regional Commission

How can the field of aging help build a better understanding of aging and ageism and create public support for the actions necessary to create a more age-integrated society? How do we make "aging" appealing and exciting to consumers, policymakers, businesses, and funders? To answer these questions, the FrameWorks Institute created the Gaining Momentum Toolkit which contains researchbased strategies that can be used to create more effective communications. We will share how the Atlanta Regional Commission (ARC) is using this groundbreaking work to operationalize reframing strategies to attract new partners, consumers, and funders to aging services. In addition, we will have round table discussion with older adult special guests around this topic. Additional tickets may be purchased for guests not attending the conference and are available at the registration booth.

#### CONCURRENT SESSIONS G

#### 1:30 PM - 3:00 PM

#### BEAT out Stress through Rhythm

MAGNOLIA

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Becky Watson, Music for Wellness, LLC

This interactive Self Care workshop will allow participants to experience and learn how to use drumming and sound for wellness and stress relief, important skills needed to reduce burnout in their clinical practices. The presentation will be an experiential and interactive drumming in a supportive and cooperative learning format. This workshop session will integrate group drumming with proven health strategies to enhance well-being and self-care for the participants. The session will be based upon the HealthRHYTHMS<sup>®</sup> protocol developed from medical research that shows the health benefits of drumming with a group, including stress reduction, mood improvement and a boost to the immune system. HealthRHYTHMS® was developed after leading neurologist and mind-body researcher Dr. Barry Bittman, MD led a renowned research team in the first biological study on the effects of group drumming in 2000.

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#### **Technology and Aging** | FEATURE SESSION

PLANTATION BALLROOM A

#### TRACK | TECHNOLOGY AND AGING

Brad Fain, Georgia Tech Research Institute Paul Baker, Center for Advanced Communications Policy, Georgia Institute for Technology

The Technology and Aging feature session will consist of a panel of diverse experts representing technology, research, and policy. Technology in and of itself is unlikely to impact the ability of older adults to maintain independence and achieve desired goals unless it is guided by focused research. The adoption of technology can either be hindered or expedited by policy. Research, technology innovation, and policy development must come together in order to promote significant advances. Panelists will provide a short presentation of their own research as well as comments on the trends and future technologies that are likely to impact the lives of older adults. Policy issues that impact the adoption of new technologies will be highlighted. Emphasis will be placed on polices that either need to be created or be changed in order to pave the way for technology adoption. Following the presentations, the panelists will discuss current topics in Technology and Aging.

## After The Storm: Mitigation, Response and Recovery for Long-Term Care Communities

PLANTATION BALLROOM C

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Mary Mcsweeney-Feld, Interprofessional Health Studies, Towson University Sandi Lane, Nutrition and Health Administration, Appalachian State University Philip DuBois, Zebulon Health and Rehabilitation Center

In 2016, CMS finalized its emergency preparedness checklist for healthcare providers that participate in Medicare in response to multiple disasters nationwide that presented challenges to the safety of many long-term care communities. We will discuss how these new regulations address the needs of

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residents and facilities, as well as identify gaps. At the same time, the Life Safety Code survey for healthcare providers was updated with new emergency preparedness requirements, and many states revisited their preparedness regulations for assisted living communities. This symposium will review the impact of many of these changes in light of the impact of Hurricane Harvey and Irma, addressing factors for response and recovery that may not be adequately covered within regulatory structures. Opportunities for improvement of preparedness and mitigation of loss in long-term care communities will be identified in two research presentations, as well as the reflection of a Georgia long-term care administrator who sheltered residents and evacuees in his nursing home during Hurricane Irma.

## The Statewide Evolution of an Evidence-Based Program for Caregiving Families

CONFERENCE ROOM I

#### TRACK | PARTNERSHIPS FOR CARE

Cynthia Holloway, Rosalynn Carter Institute for Caregiving, Georgia Southwestern State University David Watkins, Georgia DHS, Division of Aging Services Branka Primetica, Center for Research and Education,

Benjamin Rose Institute on Aging Elizabeth Blount, Rosalynn Carter Institute for Caregiving, Georgia Southwestern State University

The Georgia Division of Aging Services has a reputation for innovative thinking and quality support for Georgia's caregiving families in a changing political and economic climate. One of the key factors to their success is partnerships with agencies that understand and support their vision and goals. Among their partners is the Rosalynn Carter Institute for Caregiving, which has a rich history of working with an array of agencies in promoting evidencebased caregiver support programs across the nation. This presentation will showcase the evolution of an ongoing successful partnership, the Georgia BRI Care Consultation project. The project is entering its 7th year, beginning with a three year grant demonstration testing the program within the Georgia Area Agency on Aging system as an effective and practical

caregiving family intervention, to the present day

movement to a self-sustaining model of service. We will discuss the lessons learned and best practices identified during this journey. We will examine the factors that led to the selection of evidence-based BRI Care Consultation program, and the contribution by the research and developers, the Benjamin Rose Institute on Aging. This presentation will also highlight the Care Consultant and caregiving family partnership in addressing caregiving challenges.

#### The Georgia Alzheimer's Project (GAP): An Interactive Discussion of the New Statewide Initiative for Provision of Diagnostic Services and Linkage to Care

CONFERENCE ROOM II

#### TRACK | GEORGIA SHOWCASE

Rebecca Dillard, Emory University Laura Medders, Integrated Memory Care Clinic, Emory University Diane Gramann, Alzheimer's Association, Georgia Chapter Kenneth Hepburn, School of Nursing, Emory University

James Lah, Neurology, Emory University

Approximately 140,000 Georgians have Alzheimer's Disease (AD); a ~36% prevalence increase is predicted in Georgia by 2025, one of the largest increases in people with Alzheimer's in the country. Roughly 2/3 of individuals who meet diagnostic criteria for AD have not received a diagnosis, and diagnosis is often delayed by 6+ years following symptom onset. If dementia is detected early, with the proper support given, persons living with dementia are able to live independently in their homes for longer and limit unnecessary visits to ER's and hospitals. The GAP creates a network of Memory Assessment Centers (MAC) to improve access to care and quality of life for Georgians with dementia and their families by addressing current gaps in clinical diagnostic services and linkage to community resources. Workshop participants will receive information about the development, workflows, and anticipated outcomes of GAP and engage in guided discussions and interactive activities with session facilitators and peers.

Participants will provide meaningful feedback to GAP leadership in order to improve program processes and ability to remain attuned to needs of the onthe-ground organizations, services providers, policy makers, patients and caregivers, and clinicians. We will seek to identify commonalities and differences of needs, available resources, and points of strain across counties, regions, and neighboring states; information will inform services linkage processes and outreach efforts at the local level. Participants will share best practices in their locale or organization, to include those in neighboring states, and will engage in an interactive discussion on MAC functions and preferences.

#### Learning from the Past: Gerontological History – Combined Session

CONFERENCE ROOM III

#### TRACK | ADVOCACY FOR AND BY OLDER ADULTS

Discussant: Elisabeth Burgess, The Gerontology Institute, Georgia State University

#### INTENTIONAL SUB-COMMUNITIES AND IDENTITY CONTINUITY AMONG BABY BOOMERS: GRATEFUL DEAD FANS

Rebecca Adams, Social Work, UNCG Justin Harmon, CTR, UNCG

In this presentation, we discuss intentional communities and their role in maintaining identity continuity and facilitating successful aging. In this paper, we examine the potential for the development of lifestyle communities organized around shared musical taste by focusing on the aging fans of one band, the Grateful Dead. Although we argue that having a Deadhead identity alone is not likely to be an adequate basis for an intentional residential community to support successful aging, we do see potential for the formation of such communities among smaller, more homogeneous, and tightly-knit sub-groups of Deadheads and of other fan bases as well.

## THE TWENTY MOST IMPORTANT ADVANCES IN THE FIELD OF AGING IN THE PAST 50 YEARS

#### Frank Whittington, George Mason University

In this paper, Frank Whittington proposes to expand on the theme of gerontological progress by naming what he believes are the 20 most important advances, discoveries, "inventions," or improvements in the field of aging over the past 50 (or so) years. His aim is not to denote a final set of advances but to stimulate discussion on what has, without debate, been the most active and productive historical period of growth in our understanding and improved treatment of elders.

## EVALUATING NEARLY TWO DECADES OF TRENDS IN GERONTOLOGICAL EDUCATIONAL PROGRAMS

Janice Wassel, Western Kentucky University Dana Bradley, Western Kentucky University at Bowling Green

Research shows a decline in overall enrollment in social sciences, including gerontology. This paper illustrates the drift for gerontology and makes recommendations based on economic trends, changes in boomers' health, and overall aging issues.

#### A Dementia-Capable Virginia: How the FAMILIES Program Supports Caregivers

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CONFERENCE ROOM IV

#### TRACK | LIVING WITH DEMENTIA

Christine Jensen, Riverside Center for Excellence in Aging and Lifelong Health

Devin Bowers, Virginia Department for Aging and Rehabilitative Services

Co-Authors: Jennifer Inker, Carol Manning, and Scott Sperling

Virginia has implemented a caregiver intervention known as FAMILIES, which was adapted from the New York University Caregiver Intervention (NYUCI), a now 30-year evidence-based counseling support program for family caregivers. This multi-site study is funded by the Administration for Community Living and offers caregivers of a person with dementia six counseling sessions, to include individual and family sessions with a specially trained counselor. The aim is to reduce caregiver burden by providing therapeutic support, education about dementia, and a direct means of access to community and clinical resources. Following the first and sixth sessions, caregivers complete a modified version of the NYUCI assessment battery to gauge satisfaction with the program, changes in caregiver health and well-being, and the functional capacities of the person with dementia. Preliminary results (n=160) indicate statistically significant improvements in caregiver well-being and a reduction in reported burden and depression as well as greater access to their support network.

## Community Programming, Services and Partnerships – Combined Session

CONFERENCE ROOM V

#### TRACK | DIVERSITY AND AGING

Discussant: Ethlyn McQueen-Gibson, Institute of Inclusion, Inquiry & Innovation, Virginia Commonwealth University

#### CHALLENGES TO IMPROVING THE HEALTH OF AFRICAN AMERICAN ELDERS LIVING WITH DEMENTIA AND THEIR FAMILIES IN URBAN NEIGHBORHOODS

Fayron Epps, The Gerontology Institute, Georgia State University

Co-Authors: Gretchen Rudell, Evan Graham, and DeMicha Luster

This presentation will describe the cultural context of elder care in African American urban neighborhoods within the Atlanta metropolitan area. Common challenges and opportunities to improve health of African elders living with dementia and their families in urban neighborhoods will also be discussed.

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#### DEVELOPING PILOT FOR CUSTODIAL AFRICAN-AMERICAN GRANDMOTHERS CARING FOR GRANDCHILDREN IN SOUTHEAST VIRGINIA

Ethlyn McQueen-Gibson, Institute of Inclusion, Inquiry & Innovation, Virginia Commonwealth University

Developing Pilot for Custodial African-American Grandmothers Caring for Grandchildren in Southeast Virginia" replicates an arm of the Project Healthy Grandmothers Model© based at Georgia State University. The aim of this project was to conduct a community needs assessment and analyze the data to evaluate the overall health of custodial grandmothers. Today's presentation will review those results from the community needs assessment.

#### RACE/ETHNIC DISPARITIES IN REHOSPITALIZATION AMONG OLDER POST-ACUTE HOME HEALTH CARE PATIENTS

David Russell, Department of Sociology, Appalachian State University Co-Authors: Jo-Ana D. Chase, Liming Huang, Alexandra Hanlon, Kathryn H. Bowles

This study explores racial/ethnic disparities in rehospitalization among post-acute home care patients. The research examines how illnesslevel factors (e.g. functioning and symptoms) and enabling factors (e.g. caregiver availability) serve as potential mediators and moderators in any observed disparities.

#### 3:00 PM - 4:00 PM

VERANDA A/B/C

#### Exhibitor, Silent Auction and Refreshment Break

We are pleased to have a diverse group of exhibitors joining us for the 2018 Annual Conference. Please take time to visit with them and learn more about their programs and products and how they can help you and your clients. Don't forget to visit the Silent Auction in Islands Ballroom III.

#### 3:00 PM - 4:00 PM

PLANTATION BALLROOM B

#### ATTENDED POSTER SESSION

(Posters Stay Up Until 5:00 PM)

Please join us for this attended general poster session from 3:00 pm until 4:00 pm. Posters will remain on display until 5pm.

#### 43 | Practice of Acceptance, Awareness, and Compassion in Caregiving (PAACC): Expanding the Evidence Base for Caregivers of Persons with Dementia.

Presenters: Mamta Sapra, Salem VAMC Co-Authors: Katherine Luci, Tina Savla, Lauren Hagemann, and Lindsey Jacobs

#### 44 | FAMILIES: Family Access to Memory Impairment and Loss, Information Engagement and Supports.

Presenter: Denise Butler, Riverside Center for Excellence in Aging and Lifelong Health Co-Authors: Denise Butler, Christine Jensen, Mary Martha Stewart, and Jennifer L. Inker

## 45 | Elder-Caregiver Wellness Enhancement using Avatars and Exergames.

Primary Author: Paula Seffens, University of North Georgia Co-Authors: William Seffens, Jacob Malimban, and Quincy Harris

## 46 | Longevity in India: Exploring diverse cultural and spiritual contexts for insights.

Presenter: Kallol Kumar Bhattacharyya, The Gerontology Institute, Georgia State University

#### 47 | Strategies to Address Ethical Issues in Clinical Research for African American Older Adults

Presenter: Dhruvang Sharma, Georgia State University

48 | Life Review Group Course (LRGC) as a Wellness Offering to improve Quality of Life Factors for Older Adults in Senior Living Communities.

Presenter: Kerry Thomas, Georgia State University

## 49 | Addressing barriers to provide dementia training for direct care workers with mobile app based training and skill building.

Presenter: Anand Chaturvedi, RelyFy Co-Author: David Ojeda

50 | Let's talk about sex.

Presenter: Jennifer Almond, Legacy Link Area Agency on Aging

#### 51 | Bridging Gaps in Correctional Health Care: Promoting Health and Well-Being of Geriatric Inmates.

Presenter: Jamie Gilbert, McDaniel College Co-Author: Diane Martin, McDaniel College

#### 52 | Retiring to the Closet: Southern Lesbian, Gay, Bisexual, and Transgender Elders and Long-Term Care

Presenter: Laura C. Hein, University of South Carolina Co-Authors: Lexus Dickson, Alexis Nanna, Megan Taylor, and S. Melinda Spencer

#### 53 | Age and Ethnic Differences in Physical and Mobility Limitations Among Women

Presenter: Cassandra Germain, UNC Greensboro

#### CONCURRENT SESSIONS H

#### 4:00 PM - 5:30 PM

#### The Georgia Alzheimer's & Related Dementias (GARD) State Plan: A Collaboration of Research, Policy, & Practice

PLANTATION BALLROOM A

#### TRACK | GEORGIA SHOWCASE

Victoria Helmly, Georgia DHS, Division of Aging Services Eve Anthony, Athens Community Council on Aging Jennifer Craft Morgan, The Gerontology Institute, Georgia State University

Sheila Humberstone, Stone Bridge Consulting Group

This session will provide the history and background of the Georgia Alzheimer's & Related Dementias (GARD) State Plan as well as current activities of the collaborative. A panel discussion, moderated by the GARD State Plan Coordinator, will include work group chairs to offer insight into specific projects. This presentation will cover the challenges, successes, and future opportunities for GARD, including the benefit of GARD's multidisciplinary approach. This session invites the audience to participate with questions and discussion.

#### Improving the Experience of Emergency Departments and Psychiatric Facilities for People with Dementia and Their Care Partners

PLANTATION BALLROOM C

#### TRACK | LIVING WITH DEMENTIA

Lee Higgins, Dementia Spotlight Foundation Margaret Kavelage Kim McRae, Culture Change Network of GA Whitney DeMarlo Oeltmann, Dementia Spotlight Foundation

It is common to hear that People Living with Dementia (PLWD) and their Care Partners (CP) have been treated disrespectfully and unprofessionally in Emergency Departments (ED) and psychiatric facilities (PF). To explore these instances, we conducted a review of articles (peer-reviewed and gray literature) and developed and implemented a mixed methods protocol to gather information in a systematic manner. A summary of findings will be presented and followed by a panel discussion with PLWD and CPs about their experiences in EDs and PFs. Potential solutions and next steps to address these issues will be developed with audience participation and then shared with dementia-related organizations following the conference for further discussion and action.

### Game Changers: Recreational Therapy as an Essential Client-Driven Treatment for Older Adult Populations

2018 SGS/GGS JOINT CONFERENCE

#### TRACK | WELLNESS, WELL-BEING AND QUALITY OF LIFE

Laura Kelly, Recreational Therapy, HCR ManorCare / Georgia Southern University Angela Sardina, School of Health and Applied Human

Sciences, University of North Carolina Wilmington

Recreational Therapy (RT) is an underutilized service in older adult settings, and, frequently, Recreational Therapists are sorely misused as Activity Directors. While activities are a complementary service, RT goes beyond traditional activity programming by providing physician-ordered, client-driven recreation interventions for functional outcomes. Regardless of setting, if all Recreational Therapists served in their true role, more rehab facilities and hospitals would benefit from a fourth allied therapy to decrease recidivism, assisted livings would thrive from evidence-based fall prevention/balance programs, and nursing homes could have increased non-pharmacological approaches to treating individuals with dementia-related behaviors. For example, Recreational Therapists at a skilled nursing facility recently designed, implemented, and measured the impacts of a theory-based, therapeutic adaptive sports program on long-term care residents. This workshop will examine results of this pilot study and will equip you with the tools and knowledge for collaborating with recreational therapists in your setting.

#### Sharing Knowledge to Improve Care Partnerships – Combined Session

CONFERENCE ROOM II

#### TRACK | PARTNERSHIPS FOR CARE

Discussant: Christina Barmon, Sociology, Central Connecticut State University

#### SUPPORTING SUCCESSFUL AGING THROUGH INCREASING OCCUPATIONAL THERAPY STUDENTS' KNOWLEDGE OF AGING RELATIVE TO THEIR PREFERRED POPULATION TO WORK

LaVona Traywick, Occupational Therapy, University of Central Arkansas

Brittany Saviers, Occupational Therapy, University of Central Arkansas

This session will talk about current Occupational Therapy students' knowledge of aging based on Erdman Palmore's Facts On Aging Quiz and what the current US trends mean, in general, for gerontological literacy 45 in the allied healthcare profession.

#### FRIDAY APRIL 13

#### INTEGRATED CARE PARTNERSHIPS FOR OLDER ADULTS: USING PROFESSIONAL DEVELOPMENT FOR FACULTY AS A STEPPING STONE

Sarah Marrs, Edward Ansello, and Constance Coogle, Virginia Center on Aging, Virginia Commonwealth University

The Virginia Geriatric Education Center (VGEC) maintains several training programs dedicated to making geriatrics care more interprofessional and broadly applied. One is the 200-hour Faculty Development Program (FDP) where health professionals with academic appointments in dentistry, medicine, nursing, OT, pharmacy, PT, and social work commit to a September through June program; participants, called FDP Scholars, must develop, deliver, and evaluate a Capstone curriculum project on a topic of their choosing in geriatrics/gerontology reflecting an interprofessional perspective, with colleagues or students being the learners.

#### OPENING PANDORA'S BOX: SHARED DECISION MAKING IN END-STAGE RENAL DISEASE

Ann E. Vandenberg, School of Medicine, Emory University Co-Authors: Barrett Bowling, Olufunmilola Adisa, Abyalew Sahlie, Leigh Nadel, Janice Lea, and Laura Plantinga

Shared decision making (SDM) is a proposed tool for patient-centered healthcare delivery. SDM joins provider expertise with patient experience and values to generate satisfactory decisions. We examined decision-making in patients on hemodialysis by comparing values by stakeholder group across components of the decision-making process: information, communication, decision, behavior, and outcome.

#### SENIOR VOLUNTEERS' PERCEPTIONS OF BENEFITING STUDENTS AND GIVING BACK TO THE COMMUNITY FOLLOWING A MULTI PATIENT INTRA AND INTERPROFESSIONAL COLLABORATIVE PRACTICE SIMULATION

Leslie Ann Schwarazer, Administration, Southern Adventist University

Ronda Christman, Nursing, Southern Adventist University Co-Authors: Laura Racovita-Szilagyi and Sonia Wrate

This presentation highlights findings from a study exploring senior volunteers' perceptions

after participating in a university multi patient

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interprofessional simulation. Mixed methods were utilized, and an online survey was emailed and/or a paper copy was made available to a convenience sample. All the volunteers' felt their participation benefitted the students.

## Building an Evidence Base in Georgia: Innovative Interventions – Combined Session

CONFERENCE ROOM III

#### TRACK | GEORGIA SHOWCASE

Discussant: Melanie McNeil, Office of State Long-Term Care Ombudsman

#### USING FOCUS GROUPS TO ENHANCE THE EVALUATION OF THE MONEY FOLLOWS THE PERSON PROGRAM IN GEORGIA

Chandrika Derricho, Georgia Health Policy Center, Georgia State University

Kristi Fuller, Georgia Health Policy Center, Georgia State University

The Money Follows the Person (MFP) demonstration program is an effort to rebalance long-term services and supports by assisting with transitioning individuals, primarily older adults and individuals with physical and/or developmental disabilities, out of institutional facilities into home and communitybased services and settings. A focus group research study was conducted to find out from program participants what did and did not work well during the demonstration in greater detail to inform the development of the nursing home transition program through the state's waiver programs at the end of the demonstration.

#### USING A COMMUNITY FALL PREVENTION EXPO TO ENHANCE KNOWLEDGE AND AWARENESS OF FALL PREVENTION PROGRAMMING IN GEORGIA

Kay Graham, School of Occupational Therapy, Brenau University

Lisa Howard, Legacy Link

This presentation will share outcomes from a local Fall Prevention Expo. It highlights professionals and student increased awareness of and intent to refer to resources for fall prevention in the community.

#### THE DIRTY MOUTH INITIATIVE: ORAL HYGIENE CARE PILOT PROJECT FOR NURSING HOME RESIDENTS

Kevin Hendler, Ina T Allen Dental Center, Emory Healthcare, Emory University School of Medicine Melanie McNeil, Department of Human Services, Office of the State Long-Term Care Ombudsman

The mouth is part of the body and according to the American Dental Association (ADA) "Actions for Dental Health", good oral health is not a luxury, but essential to overall health. Numerous studies have found an association between gum disease and systemic disease, and ignoring oral health problems can lead to needless pain and suffering, and complications that can significantly diminish quality of life. This workshop will discuss how the Ombudsman Program and Emory University are developing strategies, including free training and resources, to improve staff knowledge and attitudes toward the importance of residents' oral care and how to motivate residents and care providers to perform daily oral hygiene.

#### The Global Business of Aging Virtual Pitch Competition 2018: Evaluating A Foray into the Longevity Economy

CONFERENCE ROOM IV

#### TRACK | TECHNOLOGY AND AGING

Janice Wassel, Center for Gerontology, Western Kentucky University

Dana Bradley, Center for Gerontology, Western Kentucky University

Paul Irving, chairman of the Milken Institute Center for the Future of Aging, wrote, "If a group of corporate leaders and investors learned of a transformational business opportunity, we'd expect a stampede to phone and computers as they raced to get in on the action. Today, we are presented with just such an opportunity: the potential offered by human longevity" (Irving, 2017). The boomers and older adults' aging presents vast opportunities for innovative individuals who realize aging effects much more than the health care sector. To this effort, a recent global business of aging virtual pitch competition was conducted inviting faculty and students from higher education, to participate pitching ideas that promoted independent, healthy lifestyles with unique new possibilities for old (and new) challenges. Goals included expanding interest in the longevity economy, reaching diverse disciplines, expanding students' thinking on career options, and encouraging faculty to develop curriculum on the longevity economy. This presentation will discuss the evaluation results from this first effort and share lessons learned as the investigators move forward. Positive efforts included expanding the gerontological educators' toolbox, exposing students to the longevity economy and reaching across disciplines to extend the influence of gerontology to businesses. Expanding upon the successes of this first competition will require a combination of assets, resources, and an international network of sponsors.

## 2018 SGS/GGS JOINT CONFERENCE

#### Student Development – Building Careers that Bridge Silos: Education, Research, Policy and Practice

CONFERENCE ROOM V

#### (Not for CEUs)

Discussant: David Sprowl, WD International

This session targets students and early career professionals. A panel of educators, professional aging service providers, aging network staff, and advocates from a variety of career stages will hold a Q&A where they will talk about how they were able to navigate boundaries and make connections across their career. Come for a lively discussion and some insight into how you might develop your career.

#### 6:30 PM - 9:00 PM

LEGACY POINTE

#### A Night of Celebration Under the Stars

Let's enjoy nighttime views of the lake and kick back during this fun and entertaining evening of casual networking, food, music, and entertainment. All are welcome! Additional tickets may be purchased for guests not attending the conference and are available at the registration booth.

## SATURDAY

APRIL 14

#### 8:00 AM - 9:30 AM

GRAND BALLROOM

#### **Diversity Panel Breakfast**

This breakfast panel is the keynote event for the Diversity Track. We conclude by bringing together members of minority communities to discuss their experiences and explore the unique needs of older Black, LGBTO, Latino, and Muslim adults. Panelists will discuss the practice of holding multiple identities within efforts to build greater equity and justice in the changing political and social landscape. Panelists will address the challenges of diversity and inclusion and the opportunities that we all can engage in toward becoming deeper allies and stronger self-advocates in working together toward justice for all older adults. Joining us are Mary Anne Adams, Founder of ZAMI NOBLA- The National Organization for Black Lesbians on Aging; David Schafer, Director of Policy and Advocacy at The Latin American Association in Atlanta; and Shelina Esmail, to discuss her research on Muslim Americans and long-term care. An opportunity to ask questions will be provided. Additional tickets may be purchased for guests not attending the conference and are available at the registration booth.

#### 10:00 AM - 11:30 AM

GRAND BALLROOM

#### **Council of Presidents Closing Session**

## What's the Southern Experience? Aging in the South in the 21st Century

Moderator: Larry Polivka, The Claude Pepper Center, Florida State University

Panel: Victoria Helmly, GA DHS Division of Aging Services Kathy Floyd, Georgia Council on Aging

Eve Anthony, Athens Community Council on Aging

This session will build on the SGS 2017 Closing Session, weaving in key themes such as power of place, gerontological literacy, and applied gerontology. What's the status of the Older Americans Act and its programs? Why are these programs declining when the population of older adults is increasing? Southern states are likely to be especially affected by policy changes, funding reductions and cuts to services. This session will feature a dynamic panel of experts and data will be presented as to the impact of the many potential future policy changes and challenges. Attendees will be challenged to take additional action to better serve older members within their communities.

## STAY AND TRAINS - There are four additional intensive workshop opportunities

Prior registration required for Stay and Trains.

#### 8:30 AM - 4:30 PM

#### Alzheimer's & Dementia Care Training

PLANTATION BALLROOM C

Trainer: Denise Scruggs, ADC, CDP & CADDCT .

#### 8:30 AM - 4:30 PM

#### Mental Health First Aid

VERANDA A/B/C

Trainer: Holly Pounders

#### 10:00 AM - 12:00 PM

## At-Risk Adults Abuse, Neglect & Exploitation

PLANTATION BALLROOM A

Trainer: Anna Ayers, Georgia DHS Division of Aging Services

#### 10:00 AM - 3:00 PM

## Laugh Longer, Get Stronger: Bringing Fun into Strength Training

MAGNOLIA

Trainer: Celeste Greene, LaughActive

**Noon - 1:00 PM** PLANTATION BALLROOM B

## Soup and Salad Lunch Break for all attendees and Stay & Train participants

Thank you so much for coming to this conference. We wish all safe travels back home and hope to see you again in 2019.

## Conference Exhibitors

101 Mobility

- AARP Georgia
- Alliant Quality
- American Therapeutic Recreation Association
- BH Technology Group
- CaptionCall
- Caring Man in a Van
- ComForCare
- Division of Aging Services
- Georgia Council on Aging
- Georgia State University, Gerontology Institute
- GGS Membership Committee
- Glancy Rehabilitation Center
- It's Never 2 Late
- Mom's Meals, Nourishcare
- Music and Memory

RelyFy

- Riverside Health Systems
- Rosalynn Carter Institute
- Sage Publications
- Senior Advisory Services
- SGS Membership Committee
- Tele-Savvy Clinical Trial at Emory University
- The Holbrook
- Virginia Center on Aging

#### **Dementia and Spirituality Study**

We are seeking participants for a research study about how diverse religious, spiritual and cultural understanding can impact the dementia experience.

We are seeking spiritual care providers, health care providers, families and/or primary care providers from diverse cultural, religious, and spiritual traditions who have unique and personal insight into the care of people with dementia. We are NOT seeking participants who have dementia.

Your participation may help create information that provides scholars, health care providers, spiritual care providers, and families with a better understanding of distinctive cultural, spiritual, and religious perspectives on dementia.

If you are selected to be in the study, we will conduct an interview with you. The interview may be audio-recorded and will include questions designed to find out about your unique cultural, religious, and spiritual experiences of dementia. The interview will take about one hour to complete. Your identity will be kept private and confidential. You will not be paid for participating.

The researchers conducting this study are Dr. Michael Stoltzfus (School of Liberal Arts), from Georgia Gwinnett College, 1000 University Center Lane, Lawrenceville, Georgia, and Dr. Rebecca Green, a registered nurse.

If you or someone you know might be interested in participating in this project, please email Dr. Dr. Michael Stoltzfus at mstoltzfus@ggc.edu, or leave a message at 470-217-5924.

## Thank you to our 2018 Conference Sponsors

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Adams, Rebecca <i>r_adams@uncg.edu</i> Adisa, Olufunmilola <i>olufunmilola.adisa@emory.edu</i>	
Allen Sr., Glenn	
Almond, Jennifer jcalmond@legacylink.org	
Alston, Gayle gayle.alston@gsw.edu	
Alvarez, Melissa malvarez16@ufl.edu	35
Anderson, Keith keith.anderson@umontana.edu	22
Ansello, Edward eansello@vcu.edu	46
Anthony, Eve eanthony@accaging.org	
Appel, Joy	
Argroves, Kay klamarg@yahoo.com	
Atkinson, Jaynette jla@gsu.edu	
Augustine, Danielle daniaug6@uga.edu	
Avery, Morgan morganavery13@gmail.com	
Ayers, Anna Laura anna.ayers@dhs.ga.gov	
Ball, Mary <i>mball@gsu.edu</i>	
Ballard, Emmy eballar6@uncc.edu	
Baker, Paul paul.baker@cacp.gatech.edu	.41
Baker, Tamara tbakerthomas@ku.edu	27
Barmon, Christina cbarmon@ccsu.edu25,	45
Bauer, Laura laura.bauer@gsw.edu	39
Beach, E. Douglas crossi@psa10a.org	
Beamer, Jennifer JBeamer@atlantaregional.org	
Bearon, Luci <i>luci_bearon@ncsu.edu</i>	
Belton, Nataska	
Bender, Alexis alexis.anne.bender@emory.edu	
Bermudez, J. Maria maria.bermudez@uga.edu	
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Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co	от
Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co	om 44
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Bhattacharyya, Kallol Kumar dearkkb@rediffmail.cc 34, Bilsborough, Elizabeth elizabeth.marie.bilsborough emory.edu	om 44 @ 29
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Bhattacharyya, Kallol Kumar dearkkb@rediffmail.com 34,   Bilsborough, Elizabeth elizabeth.marie.bilsborough 24,   Blackwell, Megan mfblackwell@mail.roanoke.edu 24,   Blount, Elizabeth elizabeth.blount@gsw.edu 80   Blowers, Anita anblower@uncc.edu 80   Boehle, Sarah sboehle@shawnee.edu 22, 26,   Bonomo, Bonnie bbonomo@live.com 22, 26,   Bowen, Meredith meredithgbowden@gmail.com 22, 26,   Bowen, Bonnie bbonomo@live.com 22, 26,   Bowen, Kyle kbower@uga.edu 21,   Bower, Kyle kbower@uga.edu 21,   Bowers, Devin devin.bowers@dars.virginia.gov28, 80   Bowles, Kathryn H. bowles@nursing.upenn.edu 21,	om 44 a) 29 34 42 34 24 33 35 25 28 30 43 44
Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co 34, Bilsborough, Elizabeth elizabeth.marie.bilsborough emory.edu	om 44 @ 29 34 42 34 24 33 35 25 28 30 43 44 36
Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co 34, Bilsborough, Elizabeth elizabeth.marie.bilsborough( emory.edu	om 44 (a) 29 34 42 34 24 33 35 25 28 30 43 44 36 46
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Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co 34, Bilsborough, Elizabeth elizabeth.marie.bilsborough( emory.edu	om 44 a 29 34 42 34 24 33 35 25 28 30 43 44 36 45 47 20
Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co 34, Bilsborough, Elizabeth elizabeth.marie.bilsborough emory.edu	0m 44 @ 29 34 24 33 25 28 30 43 44 36 46 35 47 20 35
Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co 34,   Bilsborough, Elizabeth elizabeth.marie.bilsborough 24,   Blackwell, Megan mfblackwell@mail.roanoke.edu 24,   Blount, Elizabeth elizabeth.blount@gsw.edu 24,   Blowers, Anita anblower@uncc.edu 20,   Boehle, Sarah sboehle@shawnee.edu 22, 26,   Bonomo, Bonnie bbonomo@live.com 22, 26,   Bower, Meredith meredithgbowden@gmail.com 22, 26,   Bowen, Christina cjbowen2017@gmail.com 22, 26,   Bower, Kyle kbower@uga.edu 21,   Bower, Kyle kbower@uga.edu 21,   Bowers, Devin devin.bowers@dars.virginia.gov.28, 80   Bowles, Robert robertcbowles@gmail.com 31,   Bowling, Barrett barrett.bowling@duke.edu 31,   Bowling, Barrett barrett.bowling@duke.edu 23, 43,   Bradley, Dana dana.bradley@wku.edu 23, 43,   Bradrick, Brenda bbradric@uncc.edu 34,   Breen, Meredith mbreen@breenconsulting.co 34,	0m 44 (a) 29 34 24 34 24 35 25 30 44 45 46 35 47 20 35 n
Bhattacharyya, Kallol Kumar dearkkb@rediffmail.co 34, Bilsborough, Elizabeth elizabeth.marie.bilsborough emory.edu	0m 44 (a) 29 34 24 34 24 35 25 30 44 45 47 20 5 n 34

#### LAST NAME FIRST NAME EMAIL ADDRESS PAGE NUMBER

Burgess, Elisabeth eburgess@gsu.edu 25, 33, 35,	43
Butler, Andrew andrewbutler@gsu.edu	.23
Butler, Denise dbutler@excellenceinaging.org	
Canty Williams, Ishan icw8t@virginia.edu	
Chase, Jo-Ana D. chasej@missouri.edu	
Chaturvedi, Anand anand@relyfy.com	
Chen, Mei-Lan mchen13@gsu.edu	
Chen, Yi-An ychen102@gsu.edu	
Chester, Mia	35
Christman, Ronda rmchristman@gmail.com	
Coffey, Walter WDintl@bellsouth.net31,	36
Cohen, Adrienne acohen@georgiasouthern.edu	39
Cole, Min min.cole@qolg.org	
Coogle, Constance ccoogle@vcu.edu	46
Corsentino, Pamela pcorsentino@lbda.org	
Cox, Abby abby.cox@dhs.ga.gov	29
Craft Morgan, Jennifer jmorgan39@gsu.edu	
Craven, Amy acraven@cvseniorcare.com	30
Critttenden, Robyn robyn.crittenden@dhs.ga.gov	28
Cushenan, Pam pamocushenan@gmail.com	35
Dahl, Wendy wdahl@ufl.edu	35
Davenport, Melanie meldavenport@gsu.edu	
Dawson, Amanda agt2041@vt.edu	22
D'Bora, Cross dcross5@student.gsu.edu	.21
DeMarlo Oeltmann, Whitney Whitney@dementias	not
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<i>lightfoundation.org</i> Derricho, Chandrika <i>cderricho1@gsu.edu</i>	45 46
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Gilbert, Jamie jamiegil45@gmail.com	
Gordon, Sarah sarah.gordon@okstate.edu	20
Graefe, Dana dkgraefe@uncg.edu	20
Graham, Evan grahamev06@gmail.com	43
Graham, Antonio agrah23@emory.edu	
Graham, Kay kgraham1@brenau.edu	46
Gramann, Diane dgramann@alz.org	
Greene, Celeste celeste@laughactive.com21, 38	, 48
Griffiths, Patricia pcgriff@emory.edu23, 24, 29	, 40
Guest, M. Aaron Aaron.guest@uky.edu22, 30	
Haavisto, Wonjeong whaavisto@unomaha.edu	
Hagemann, Lauren lauren.hagemann@va.gov34	
Hanlon, Alexandra alhanlon@nursing.upenn.edu	
Harmon, Justin jtharmo3@uncg.edu	
Harris, Quincy administration@heritageHospital.o	
Haviland, Sara sara.haviland@rutgers.edu	37
Head, Elizabeth elizabeth.head@dhp.ga.gov	
Hein, Laura C. Hein@sc.edu	
Helmly, Victoria victoria.helmly@dhs.ga.gov 45	
Hendler, Kevin khendle@emory.edu	
Hepburn, Kenneth khepbur@emory.edu	
Heston, Jennifer hestonjl@miamioh.edu34	, 39
Hicks, Nytasia hicksn@miamioh.edu	39
Higgins, Lee lee@dementiaspotlightfoundation.org	.45
Holloway, Cynthia cynthia.holloway@gsw.edu	42
Holmes, April april.holmes@dars.virginia.gov	28
Hong, Seung youn yoni91@hotmail.com34	, 35
Housley, Nick housely.nick@gmail.com	23
Howard, Lisa Ishoward@legacylink.org	46
Huang, Liming limingh@nursing.upenn.edu	44
Humberstone, Sheila http://www.stonebridgecons	ult
inggroup.com/contact-us/	
Hunter, Beth eghunt2@uky.edu	30
Hwang, Jiyoung j_hwang3@uncg.edu	20
Inker, Jennifer inkerjl@vcu.edu	
Jacobs, Lindsey Mary.JacobsDodson2@va.gov.34	, 44
Jacobs, Carol Cjacobs10@student.gsu.edu21	, 40
Jason, Kendra kjason@uncc.edu	25
Jenkins, Carol L. jenkinsca@ecu.edu	35
Jensen, Christine christine.jensen@rivhs.com	
	, 44
Johnson, Vicki vickivjohnsonga@gmail.com	33
Johnson, Gwenyth gwenyth.johnson@dhs.ga.gov	
	, 36
Johnson, II Theodore M. tmjohns@emory.edu	
Jones, Laura ljones129@gsu.edu	
Kavelage, Margaret peggymargaux@gmail.com	
Kazemian, Cheyann <i>ckazemian@gmail.com</i>	
Kearney, Brittany bkearne1@uncc.edu	

#### LAST NAME FIRST NAME EMAIL ADDRESS PAGE NUMBER

Kellett, Kate kkellett@uchc.edu	
Kelly, Erin kellyem4@miamioh.edu	39
Kelly, Christopher cmkelly@unomaha.edu35,	40
Kelly, Maureen mdekelly@comcast.net	33
Kelly, Laura Laura.Kelly@hcr-manorcare.com	
Kemp, Candace ckemp@gsu.edu25	
Kilgore, Katie katie.kilgore@emory.edu	
Kim, Hyo hkim122@student.gsu.edu	
King, Pat Pat.King@dhs.ga.gov	
Konrad, Thomas <i>bob_konrad@unc.edu</i>	
Kopera-Frye, Karen <i>kfrye@ad.nmsu.edu</i>	
Kovaleva, Mariya mariya.kovaleva@emory.edu29,	
Kruger, Tina Tina.KrugerNewsham@indstate.edu	
Kurtz, Becky bkurtz@atlantaregional.org	
Labban, Jeffrey jdlabban@uncg.edu20	
LaComb Davis, Mary Lou mdavis9@augusta.edu	38
Lah, James jlah@emory.edu	, 42
Lamb, Martha martha.a.lamb@gmail.com	32
Lane, Sandi lanesj1@appstate.edu	, 41
Langston, Ashley ashleyhlangston@gmail.com	
Latini, Naomi naomi.latini@gsw.edu	
Lea, Janice jlea@emory.edu	
LeBlanc, Brian karenlove4@verizon.net	
Lee, Lokyee <i>Ilee29@student.gsu.edu</i>	
Lentz, Jeffrey jlentz1@student.gsu.edu	
Levey, Allan <i>alevey@emory.edu</i>	
Levine-Hunt, Molly	
Lewis, Denise <i>denise.lewis@uga.edu</i> 21	
Ligus, Kaleigh kligus@uchc.edu	
Lipovan, Mary <i>mlipovan@psa10a.org</i>	
Liu, Zuyun <i>zuyun.liu@yale.edu</i>	
Lo, Nancy Nancy.lo@dars.virginia.gov	
Long, Owen ocl001@mcdaniel.edu	
Lovett, Dionne dlovett@crc.ga.gov	32
Luci, Katherine katherine.luci@va.gov	44
Luster, DeMicha dluster3@student.gsu.edu	43
Malimban, Jacob jcmali7514@ung.edu	
Manley, Pamela pmanley@student.gsu.edu	
Manning, Carol CM4R@hscmail.mcc.virginia.edu	
March, Rebecca rjmarch@uncg.edu	
Marrs, Sarah marrssa@vcu.edu	
Martin, Diane <i>dbmartin@mcdaniel.edu</i> 26,	
Mayfield, Kellie kmayfield@gsu.edu	
McAfee, Anna Laura amcafee1@cub.uca.edu	
Mcdonough, Carol Carol_Mcdonough@uml.edu	
McGhee, Karlysa <i>kmcghee11@student.gsu.edu</i>	
McGrady, Elizabeth mcgradyes@appstate.edu	
McGregor, Keith keith.mcgregor@emory.edu	
McGrew, Kathryn mcgrekb@miamioh.edu	
McNeil, Melanie Melanie.McNeil@osltco.ga.gov	
McQueen-Gibson, Ethlyn emcqueengibso@vcu.ed	<i>.</i> لا

McRae, Kim kim@haveagoodlife.com 27, 3	
Mcsweeney-Feld, Mary mmcsweeneyfeld@towso	
edu	
Mead, Lacey lem27@ufl.edu	
Medders, Laura laura.medders@emoryhealthcare.	
Miller, Lia lia@can-nc.org20	D, 27
Miller, Tonya tmiller@hjrussell.com	35
Mingo, Chivon cmingo2@gsu.edu	30
Montoro-Rodriguez, Julian jmontoro@uncc.edu	33
Moorhead, James james.moorhead@dhs.ga.gov26	<i>5,</i> 30
Nadel, Leigh Inadel@emory.edu	46
Nanna, Alexis alexis.nanna.fb@gmail.com	44
Nelson, Emily nelsonem1@appstate.edu	20
Ngugi, Maureen mgn001@mcdaniel.edu	26
Nikzad-Terhune, Katherina terhunek1@nku.edu	
Nocera, Joe joenocera@emory.edu	
Norouzi, Nahal nahal.norouzi@knights.ucf.edu	
Odom, Leigh KModom@email.wcu.edu	
Ojeda, David david@relyfy.com	
Orsini, Maria maria.orsini@va.gov	
Pass, Katherine kep010@mcdaniel.edu	
Patton, Mike <i>mdavis9@augusta.edu</i>	
Pearson, Lee jlpears@mailbox.sc.edu	
Perkins, Molly molly.m.perkins@emory.edu	
Perumbeti, Katie kperumbeti@atlantaregional.org	
Plantinga, Laura <i>laura.plantinga@emory.edu</i>	
Polivka, Larry <i>Ipolivka2@fsu.edu</i>	
Pounders, Holly http://www.mhageorgia.org/holl	
pounders/	-
Powers, Sara powerss@mail.strose.edu	
Primetica, Branka bprimetica@benrose.org	
Pulickal, Usha usha.pulickal@va.gov	
Racovita-Szilagyi, Laura racovita@southern.edu	
Raczkoski, Brandon brandon.raczkoski@okstate.eu	
Ramsey, Marlene MRamsey@albany.ga.us	
Ramsey, Jennifer rjennife@uncc.edu	
Ricci, Lois loisricci@bellsouth.net	
Riedesel, Amy <i>amyrees</i> 78@gmail.com	
Roberts, Emily emily.roberts12@okstate.edu	
Robison, Julie <i>jrobison@uchc.edu</i>	
Romo, Rafael Rafael.Romo@virginia.edu	
Rosenberg, Ed rosenberge@appstate.edu	
Rowles, Graham D. growl2@uky.edu	
Rudell, Gretchen gretchenrudell@gmail.com	
Russell, David russelldj@appstate.edu	
Sahlie, Abyalew abyalew.sahlie@emory.edu	
Sapra, Mamta mamta.sapra@va.gov	
Sardina, Angela sardinaa@uncw.edu	45

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Saviers, Brittany bbrown@uca.edu Savla, Tina tinasavla@gmail.com	44
Schulhoff, Anastacia schulhoffam@appstate.edu2	
Schuster, Amy amy.schuster@uky.edu	
Schwarazer, Leslie Ann <i>laschwarzer@southern.ed</i>	
Schwartz, Abby J. schwartza15@ecu.edu	
Scruggs, Denise scruggs.dr@lynchburg.edu	
Seffens, William wseffens@hotmail.com	
Seffens, Paula prseffens@ung.edu	
Seidu, Yaw yaoseidu@gmail.com	
Sharma, Dhruvangi dsharma2@student.gsu.edu	
Sheppard, Francine fhsheppa@uncg.edu	
Shreeniwas, Sudha s_shreen@uncg.edu	
Simonds, Wendy wsimonds@gsu.edu	
Sinden, Melissa msinden@aarp.org	
Singh, Anneliese asingh@uga.edu	
Smith, Macie maciepsmith.dtc@gmail.com 2	2, 35
Sonnesso, Angelo ASonnesso@gmail.com	
Sonnesso, Gail Gsonnesso@gmail.com	36
Spencer, S. Melinda mspencer@sc.edu	44
Sperling, Scott sas7yr@hscmail.mcc.virginia.edu	43
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Stewart, Mary Martha mary.stewart@rivhs.com	44
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Studebaker, Steven srstudebaker@yahoo.com2	6, 34
Sugg, Margaret kovachmm@appstate.edu	20
Swinford, Meredith	
Tait, Elizabeth emtait@wcu.edu2	
Talbott, Zachary zacharytalbott@gmail.com	
Taylor, Megan meganjt@email.sc.edu	
Taylor, Philip petaylor10@hotmail.com	
Teitelman, Jodi jlteitel@vcu.edu	
Thiamwong, Ladda ladda.thiamwong@ucf.edu3	
Thomas, Amanda athom193@uncc.edu	
Thomas, Kerry kmh1608@gmail.com	
Thompson, Briana bdeloresthompson@gmail.com	
Thorton, Jacque jthornton@leadingagega.org	
Torres, Gabriella gabriella.torres@uky.edu	
Torres-Pomales, Alejandro atorrespomales1@stu	
gsu.edu2	
Traywick, LaVona <i>lavonat@uca.edu</i> 21, 27, 2	
Tyler, Indira <i>ITyler@GwinnettTech.edu</i>	
Tyler-Horton, Debra gaaarp@aarp.org	
Ujvari, Kathleen KUjvari@aarp.org	
Vandenberg, Ann E. avanden@emory.edu	
Vanderhorst, Katherine kvanderhorst@cvseniorco	
com	
Van Noy, Michelle <i>mvannoy@rutgers.edu</i>	
Walker, Ruth rwalker@missouristate.edu	33

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Wang, Kelly kewang@gsw.edu
Washington, Tiffany twashing@uga.edu
Wassel, Janice janice.wassel@wku.edu
Waters, Leland Ihwaters@vcu.edu
Watkins, David <i>david.watkins@dhs.ga.gov</i>
Watson, Becky becky@music4wellness.net36, 41
Welch, Gregory welch@ucf.edu35
Wellford, Carolyn cmw3xr@virginia.edu21
Whitney, Mary Kathleen marykathleenwhitney@
gmail.com23, 40

#### LAST NAME FIRST NAME EMAIL ADDRESS PAGE NUMBER

Whittington, Frank <i>fwhittin@gmu.edu</i> Williams, Tomika <i>williamstomi14@ecu.edu</i>	
Williams, Alicia msw.alicia86@gmail.com	21
Willis, Kristian kwillis29@student.gsu.edu	21
Wilson, Matthew wilsonmj2@appstate.edu	20
Witten, Tarynn tmwitten@vcu.edu	33
Wolf, Steven swolf@emory.edu	23
Wolfe, Schieloh schieloh.wolfe@gsw.edu	39
Wrate, Sonia swrate@southern.edu	46
Yoder, Deborah dyoder1@student.gsu.edu	21



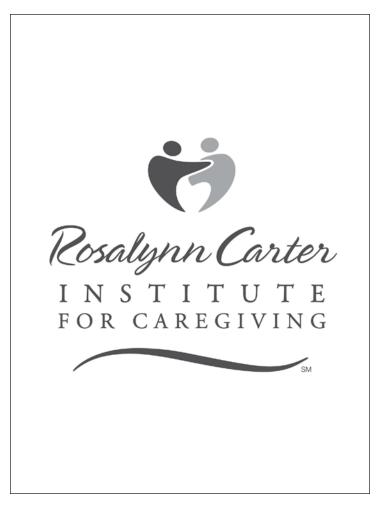












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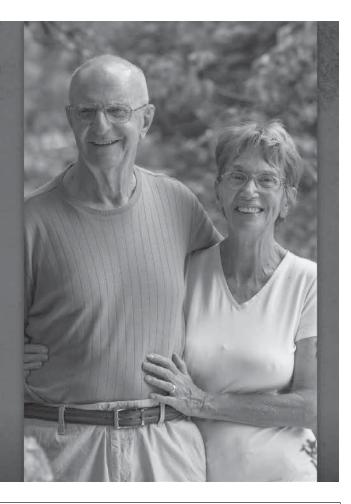
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