



# THE *SOUTHERN* GERONTOLOGIST

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## President's Message:

# Embracing this World in Transition

James R. Peacock, Ph.D.

The 34<sup>th</sup> annual meeting of the *Southern Gerontological Society* is right around the corner! I'm excited about our program for this year's meeting in Charlotte, NC, April 4-7, 2013. We have exciting plans for the weekend along the theme of "Transitions" and look forward to seeing you there! SGS fosters collaboration between the academy and practice, so come prepared to learn new approaches and information and to take advantage of networking opportunities between practitioners and academics. Also come prepared to enjoy great food

and fellowship with colleagues and friends—both old and new!

SGS has a rich tradition of merging the needs of the front lines—the day to day efforts of direct service to elders—with the research and scholarship of the academy. We have always stood for and fostered healthy dialogue and collaboration between these two, often very different, arenas. But of late we have had to face significant changes in the world in which we operate. We are working with changes in health care and health care access, in technology, education,

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## You Are Invited...

The Southern Gerontological Society (SGS) invites you to attend and participate in our *34th Annual Meeting*, hosted in the Queen City – Charlotte, North Carolina. The annual meeting will be held at the Hilton Charlotte University Place Hotel on April 4-7, 2013. Both single-day and full registration for the conference are open to members and non-members alike and the Hilton has extended exceptional rates to conference attendees.

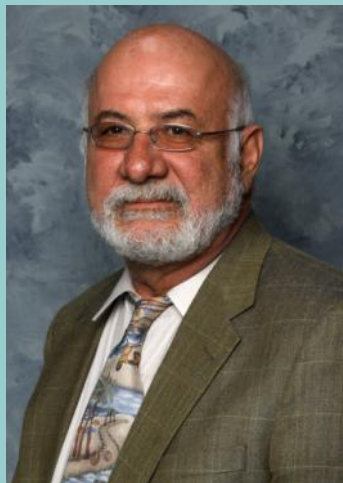
The theme for our 34th Annual Meeting is Transitions. As we enter into a new era of academics and practice,

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## *From the 34th Annual Meeting Chairs... (continued from page 1)*

we must recognize that aging is not the same as in previous generations and we must embrace the myriad of transitions that define a new era in the field of aging. With that in mind we have organized this year's annual conference to feature a diversity of works by students, academics, and applied professionals to help us all better prepare for these inevitable transitions.

Dr. James R. Peacock, president of SGS, will be opening the conference differently than has been done in years past. We are excited to welcome a keynote address "Hispanic Paradox in Mortality, Aging and Health" by the highly distinguished Kyriakos S. Markides. Dr. Markides' address will be followed by our opening reception which will feature all of the student poster presentations, music, and refreshments. We hope this starts the meeting out by giving everyone a chance to engage the future leaders of gerontology in vigorous discourse and camaraderie.



Throughout the meeting, attendees will have numerous learning opportunities from a wide variety of presenters. Friday and Saturday are filled with concurrent sessions that include a variety of topics presented in symposia, paper discussions, and engaging workshops. Students are encouraged to attend the conference for many reasons, but certainly a highlight will be Friday afternoon's "Mentoring Moments" where they will have access to the opinions and experience of well-respected and seasoned gerontological professionals. Our awards luncheon will feature a number of accolades and awards for both students

with outstanding work and a selection of exceptional professionals.

The SGS silent auction will be held from Thursday through Saturday. Every year our attendees bring interesting items to place on the bidding block. We would welcome items for donation by anyone attending and would like to remind all planning on attending to visit the auction room often!

Additional conference highlights will include Heather Burkhardt of the North Carolina Division of Aging and Adult Services with a briefing on the "State of the State" during Sunday morning's Presidential Symposium, and a special "Gerontologists Rooted in the South" (GRITS) closing brunch.

The meeting will include many fun and engaging opportunities such as the local area dine-arounds hosted by some of SGS's most engaging personalities, and a Presidential Gala where food, drinks, dancing and fun will be highly encouraged!

SGS is a welcoming organization and has a strong commitment to actively involving not only academics and practitioners, but also students. In fact students consistently remark that SGS is their best conference experience for professional exposure in the field of aging. SGS continues to be vital in meeting the needs of older adults today and tomorrow and has a long tradition of caring for and working with older adults, catching up with colleagues, and embracing new friends and challenges. We look forward to seeing you in the Queen City!

For additional conference details, please visit us at [www.southerngerontologicalsociety.org](http://www.southerngerontologicalsociety.org).

James R. Peacock, SGS President  
LaVona S. Traywick, SGS Program Co-Chair  
Lee Ann Steffen Ferguson, SGS Program Co-chair

## Don't Miss the COPS at SGS!

Sunday morning the 2013 Council of Presidents Symposium (yes, the COPS!) will feature two presentations guaranteed to be informative and thought-provoking.



"The State of the State: Aging in North Carolina" will be delivered by Heather Burkhardt of the North Carolina Division of Aging and Adult Services. Her comments will cover demographics and, especially, needs and challenges as the state's population grows and political power balance shifts. The COPS intend this to be an annual feature of the Symposium, focusing on each year's SGS host state.

Following Heather's address, a panel of past presidents and long-standing members of SGS will reflect on "Retirement Taught vs. Retirement Lived: Myths and Realities, Rewards and Concerns." How realistic (or delusional or denying) are gerontologists about retirement? Should our primary focus be on productive aging, active aging, or optimal aging?

Don't miss the Council of Presidents Symposium Sunday morning.

Here's what Past Presidents are already saying:

*"Somehow I can't think of Lorin without thinking 'dressed in a toga'. Those were good, if not strangely curious, times." – Larry Mullins (1990-91)*

*"I might contribute on the theme, expressed, I suspect, in private by many administrators at my institution, 'Why the hell doesn't he retire and what can we do to make him do so?'" – Graham Rowles (2005-06)*

*"If you are interested, I am still fabulous." – Laura Feldman (1998-99)*

*"No subtexts. That's just the way these people are." – Jim Mitchell (2009-10)*

*"There are a couple of you I would rather not see but I will keep a stiff upper lip and slog my way through it." – Lorin Baumhover (1981-82)*

# Welcome to Charlotte!

Cynthia Hancock & Dena Shenk, SGS Local Arrangements Co-Chairs

*The 34<sup>th</sup> annual meeting of the Southern Gerontological Society will be held in Charlotte, North Carolina from April 4<sup>th</sup> until the 7<sup>th</sup> at the Hilton Charlotte University Place. This is a lakeside hotel located only 15 miles from the Charlotte Douglas International Airport and adjacent to UNC Charlotte. It sits among the Shoppes at University Place, which offer exciting dining and shopping experiences in a small lakeside setting within walking distance of the conference hotel. The hotel offers complimentary shuttle transportation within a five mile radius.*

*Charlotte is full of opportunities for food and fun in addition to the conference activities. The greater Charlotte area is home to multiple eclectic neighborhoods each with something unique to offer visitors. Dilworth is Charlotte's first streetcar suburb and is on the National Register of Historic Places. Its bungalow style homes and oak tree-lined streets blend with a mix of shops*



Bohemian North Davidson



Plaza-Midwood

*and restaurants along East Boulevard. Newly developed Midtown offers dining, shopping, and a lovely stretch of greenway. If you are into the arts and a little Bohemian style then NoDa (North Davidson) is for you! This former mill-community turned arts-district is just north of uptown and is home to a funky collection of galleries, performance venues and fabulous breweries. Plaza-Midwood is a 1920s revitalized streetcar suburb offering one of Charlotte's most ethnically and socially diverse neighborhoods along with many*

*unique dining experiences. South End is just a light rail stop away from Center City and offers a mix of restaurants, antique shops, and retail stores. Finally University City, home to the conference venue, is anchored by the University of North Carolina at Charlotte – the UNC system's Urban Research University and sponsor of the Opening Reception.*

*In addition to our eclectic array of neighborhoods, there are a range of museums and activities. You might enjoy a stop at the Carolina Raptor Center. This is a 57-acre living museum and avian medical facility with over 25 species of raptors in a "zoo-like" setting. The Blumenthal Performing Arts center*

*(Continued on page 5)*

uptown is your “source for all of the best performing arts events in Charlotte.” Just down the road is the U.S. National White-water Center which offers mountain-biking, running trails, a climbing center, kayaking, canoeing and rafting. The Levine Museum of the New South houses “the nation’s most comprehensive interpretation of post-Civil War Southern history.” Concord Mills Mall is one of the region’s largest outlet malls and is right down the road from Charlotte Motor Speedway – home to NASCAR.



Levine Museum of the New South

Closer to the venue are the Mallard Creek, Clark’s Creek, and Toby Creek Greenways. These greenways are part of the Carolina Thread Trail system and combine for nine continuous miles of strolling, biking, and running pleasure. Part of the greenway meanders through the UNC Charlotte campus where you can take a detour and explore the public Botanical Gardens on campus or see the brand new UNC Charlotte 49ers football stadium.



Several linking greenways offer a place to relax or exercise between sessions

The local arrangements committee is working diligently to make sure your SGS experience in Charlotte is memorable and positive. We will host dine-arounds in many of the eclectic neighborhoods and the faculty, students, and alumni from UNC Charlotte’s Gerontology Program will be happy to help you get acquainted with the area. Please join us at the opening reception the evening of April 4<sup>th</sup> to meet us and get acquainted with all that Charlotte, North Carolina has to offer.



Even whitewater adventures are nearby

We look forward to seeing you in Charlotte in April!

# HELP SUPPORT THE 2013 SILENT AUCTION!

## ***Don't forget your Silent Auction donation!***

The Silent Auction -- what an enjoyable and successful way to raise funds for the Society and provide great shopping without leaving the hotel.

## ***This is my first SGS conference. What kind of things should I bring?***

Bring anything you think will appeal to SGS meeting participants. Some popular items are: books (autographed ones are nice), jewelry, chocolates, college/university items, collectibles, gifts for children, handmade crafts, gift cards from national store chains (especially bookstores), items that represent your state or region, items you "won" at previous auctions that you didn't really want, or anything with an aging theme. Sometimes we even have a donation of a weekend at a beach condo. You will receive a receipt for your donations that you can use to deduct the full, fair-market value of the item on your income taxes.

## ***How does the Silent Auction work?***

The donated items are displayed on tables, with a bid sheet beside each item. When you find an item you like, write down your bid, making sure your bid is above the required minimum. Throughout the conference, you will want to periodically check your bid, and if someone is bidding against you, raise your bid! At the close of the auction (starting Saturday at 3:30 p.m.), the highest bidder gets the item.

## ***Where do I take the items I bring for the auction?***

The Silent Auction set-up time is Thursday, April 4, 2:00-6:00 p.m. Bring your items then or anytime during the meeting, but the sooner the better for more bidding! Someone will check in your items and give you a receipt.

## ***When will the Silent Auction take place?***

The Silent Auction will be open throughout the conference: Friday, 8:00 a.m. – 4:00 p.m. and Saturday, 8:00 a.m. – 4:15 p.m. The Silent Auction will be closed during the Awards Luncheon (Saturday, 12:00 – 2:00 p.m.) Silent Auction tables will start closing promptly at 4:15 p.m. on Saturday. When you are visiting the exhibits or taking a coffee break, visit the Silent Auction and place your bids.

## ***How will I know if I win the items I bid on?***

Preferably, be at the auction when it closes on Saturday at 4:15 or arrange for someone to be there for you. As each table is sequentially "closed," take the items you won to the cashier to pay (cash, checks, MasterCard and VISA accepted). If you can't be present at the closing, check at the SGS registration desk later in the afternoon to see if your bids were successful. Or come to the Closing Brunch on Sunday. Any items not claimed before the Brunch will be auctioned off live at that time.

## ***Let's make the 2012 Silent Auction a great success!***

Questions? Please contact Lora Gage at [LGage4SGS@aol.com](mailto:LGage4SGS@aol.com).

## President's Message...(Continued from Page 1)

employment, housing, and more. Long-standing political and financial support has waned, policies and procedures ingrained in our workplaces have been challenged and changed and many traditional opportunities are blocked. In a word, we are working in a world of *transition*. However, let us not bemoan what *was* but rather direct our attention to what *can be*. Let us embrace this world in transition as an opportunity. And what better venue than SGS and its unique approach!

We need to look at the collaborative opportunities that still exist and work to come up with new ways to maintain them. We need to look toward ways of creating new prospects. The ways we have traditionally approached our work may not be as successful as in the past.

We have to look “outside the box” as it were. How can we create new opportunities? How can we keep what works and foster new ideas? How can we increase the visibility of SGS and its distinctive applied spirit? These are big questions and I look forward to your ideas and thoughts for addressing them at this year’s meeting!

As always, if you have thoughts or ideas you want to share, feel free to contact me directly at [peacockjr@appstate.edu](mailto:peacockjr@appstate.edu) or better yet, bring them to Charlotte.

James R. Peacock, PhD  
*Appalachian State University*

## Fantastic Student Networking Opportunity!

### Brittany Watson, Student Representative-Elect

Participating in SGS is a rewarding and eye-opening experience for all students who participate. Being a part of the SGS conference on aging is a great way for social networking and a wonderful opportunity for students to meet future employers, career opportunities, volunteering, and useful for continuing education. Being able to meet the more experienced persons in the aging network is fulfilling enough with endless opportunity that you do not want to miss. You never know who could be at these events, maybe a possible job opportunity or future professor for continuing on with your

education will be there just waiting to meet you at the conference. There will be professors there from different schools and will want to get students like you into their programs. Be sure to attend the *Careers in Aging Mentoring Moments* session from 3:30 to 4:30 on Friday, April 5. One-on-one discussion will be available for students to interact with other business professionals in the field of aging. Use this opportunity to your advantage and come out and network with us!

## ***In Honor of Great GRITS***

The GRITS Committee is pleased to announce the 2013 recipients to be formally recognized and inducted into the Southern Gerontological Society's Hall of Fame on Sunday April 7, 2013. The honorees are **Dr. Constance Coogle**, Virginia Commonwealth University, **Dr. James (Jim) Mitchell**, East Carolina University, and **Dr. Graham Rowles**, University of Kentucky. Each of these individuals have made many important and unique contributions to the field of Gerontology and to the operation and mission of the Southern Gerontological Society. They are true GRITS - Gerontologists Rooted in the South.

The committee is pleased to have Dr. Lorin Baumhover join us at this year's GRITS brunch and induction ceremony. We have asked him to share his thoughts on the early "Halcyon Days" of SGS's development, growth, *and transitions* SGS has made over its life. Dr. Baumhover is the last living signatory to SGS's Articles of Incorporation.

So please plan to attend and celebrate with us the 34th anniversary of SGS and the many contributions our 2013 GRITS honorees have made to SGS and to their university, professional disciplines, and the regions beyond their respective states.

*Dr. Jennifer Craft Morgan, Dr. W. Richard Moore & Dr. Janice Wassel  
GRITS Committee*

## ***Upcoming in JAG!***

***Look for these articles in the April 2013 issue:***

- **Understanding Dissemination and Implementation of a New Intervention in Assisted Living Settings: The Case of Function Focused Care** , Barbara Resnick
- **Correlates of Functional Capacity Among Centenarians**, Peter Martin
- **Ethnic Variation in Oral Health and Social Integration Among Older, Rural Adults**, Thomas Arcury
- **Older Adults' Views about "Managing Your Medications" Booklet**, Karen Farris
- **Balancing Eldercare and Employment: The Role of Work Interruptions and Supportive Employers**, Jeungkun Kim

**Contact the editors of the Southern Gerontologist to share news or article ideas or provide feedback. We also welcome member and event news.**

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# Member News

**Austin R. Curry**, executive director of Elder Care Advocacy of Florida, was named to the selection Committee of the 2013 C. Colburn Hardy Older Advocate Award, by Dorcas R. Hardy. Ms Hardy, daughter of C. Colburn Hardy, presents the award annually to the year-round Florida resident, who as a volunteer has made significant statewide contributions to policies, programs, or services for older Floridians. Austin also was a recipient of this award previously.

**Malcolm P. Cutchin, Ph.D., Candace L. Kemp, Ph.D., and Victor W. Marshall, Ph.D.** have published a 4-volume set featuring how a Social Gerontologist researches top aging issues. For more information please go to <http://www.uk.sagepub.com/books/Book238136>.



**Lora Gage**, SGS Executive Director, has just learned she's going to be a Grandma!

**Sandra McGuire, Ph.D.**, Assistant Dean and Professor in the Caylor School of Nursing at Lincoln Memorial University, has been chosen as a Fellow in the Association for Gerontology in Higher Education. The Association uses this award to honor outstanding leadership in Gerontological/Geriatric education and exemplary teaching at their AGHE member institution.



**Victor W. Marshall, Ph.D.**, Professor of Sociology and Adjunct Professor of Health Behavior and Health Education at UNC at Chapel Hill, was awarded the Queen Elizabeth II Diamond Jubilee Medal. This honor is bestowed upon Canadians who have made significant contributions and achievements. The award was presented by the Honourable Senator Romeo A. Dallaire, in recognition of Marshall's contributions to the field of Gerontology.

**Ishan C. Williams, Ph.D.**, Assistant Professor and Roberts Scholar at the University of Virginia School of Nursing, gave birth to her daughter, Ianna Jai Li Williams, on February 19th. Congratulations!



**Ed Rosenberg, Ph.D.**, gave the keynote address at the 2013 Legislative Brunch, hosted by the High Country Area Agency on Aging and the High Country Senior Tarheel Legislature, on February 11 in Boone, NC. The annual event invites local, state and federal politicians and provides them with information on aging issues in the state; their insights and comments are also solicited. Rosenberg's talk was titled, "The Challenges of an Aging North Carolina".

# Conference Calendar

## MARCH

Georgia Gerontology Society

“Aging with Pride: Exploring Lesbian, Gay, Bisexual, and Transgender Issues”

March 22, 2013

Medical Center of Central Georgia, Macon, GA

<http://www.georgiagerontologysociety.org/events.htm>

Arkansas Gerontology Society Annual Spring Conference

“Cherishing our Natural Resources: Aging Adults”

March 27-28, 2013

4-H Center, Ferndale, AR

<http://www.agsociety.org>

University of Georgia Institute of Gerontology

“Southeastern Student Mentoring Conference in Gerontology and Geriatrics”

March 29-30, 2013

Hotel Indigo - Athens, GA

<http://www.publichealth.uga.edu/geron/programs/conference>

## APRIL

Southern Gerontological Society 2013 Annual Conference

“Transitions”

April 4-7, 2013

Hilton Charlotte University Place, Charlotte, NC

<http://www.southerngerontologicalsociety.org/meeting.html>

“Environments for Aging Annual Conference”

April 6-9, 2013

The Roosevelt Waldorf Astoria, New Orleans, LA

<http://www.environmentsforaging.com>

Alabama Gerontological Society

“Avengers: Advocating for Aging: Power of the Past Force for the Future”

April 10-12, 2013

Embassy Suites, Montgomery, AL

<http://www.agsinfo.org/news.html>

North Carolina Association on Aging Annual Training Conference (largely practitioners)

“Champions of Aging, Training for Tomorrow”

April 17 - 19, 2013

Hilton North Raleigh Mid-town, Raleigh, NC

<http://www.ncaoa.org/>

## JUNE

University of Kentucky

“30<sup>th</sup> Annual Summer Series on Aging”

June 3-6, 2013

Griffin Gate Marriott Resort and Spa, Lexington, KY

[www.mc.uky.edu/aging/summerseries/summerseries.htm](http://www.mc.uky.edu/aging/summerseries/summerseries.htm)

West Virginia University

“35<sup>th</sup> Summer Institute on Aging: The New Frontier of Aging”

June 4-6, 2013

Lakeview Resort & Conference Center, Morgantown, WV

<http://www.wvsioa.org/>

International Association of Gerontology and Geriatrics

“20<sup>th</sup> IAGG World Congress of Gerontology and Geriatrics”

June 23-28

Seoul, Korea

<http://www.iagg.info/>

## JULY

National Association of Area Agency on Aging

n4a 38th Annual Conference & Tradeshow

“Answers on Aging”

July 27 – 31, 2013

Kentucky International Convention Center, Louisville, KY

<http://www.n4a.org/training-events/annual-conference>

17<sup>th</sup> International Conference of Generations United

“Intergenerational Pathways for Strengthening Communities”

July 30- August 2, 2013

Washington Court Hotel, Washington, DC

<http://guconference.wordpress.com>

## WELCOME, NEW MEMBERS!

**Michael Anders - AR**

**ShellyAnn Brooks - SC**

**Asheley Blair Cooper - NC**

**Amory Cox - VA**

**Clakita Larsha Davis - NC**

**Chantal Deveen Eldridge - NC**

**Sherri Fairbairn - NC**

**Kendra Foster - NC**

**Lisa Gaston - NC**

**Meredith Gellman - NC**

**Natasha Gouge - NC**

**Sean Halpin - GA**

**Marina Sarah Howard - NC**

**Codi King - NC**

**Jennifer LeFurgy - VA**

**Natasha Lewis - NC**

**Marcella Marshall - NC**

**Summer McWilliams - FL**

**Toni Miles - GA**

**Robert Mongue - MS**

**Wendy Myers - GA**

**Patricia Orr - NC**

**Lindsay Prizer - GA**

**Kenya Roper - NC**

**Cathy Scott - TN**

**Evan Selman - NC**

**Erika Simms - NC**

**Ashley Smith - NC**

**Lenora Smith - NC**

**Jodi Southerland - TN**

**Russell Spornberger - GA**

**Amanda Summerson - NC**

**Elaine Testerman - NC**

**Deborah Tillman - NC**

**Meredith Troutman-Jordan-NC**

**Tiffany Ward - NC**

**Raven Weaver - VA**

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## SGS Membership Benefits

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### **SGS Annual Conference & Meeting:**

Leadership & Professional Networking;  
Continuing Education. Members receive a  
deep discount on registration fees for the  
annual meeting.

**Publications:** The Journal of Applied Gerontology, The Southern Gerontologist Newsletter. A free subscription to the **Journal of Applied Gerontology (JAG)**, the official journal of SGS is included with membership. The Journal is devoted to the publication of contributions that focus explicitly on the application of knowledge and insights from research and practice to improvement of the quality of life of older persons. Particular emphasis is placed on manuscripts and editorials that enhance dialogue among researchers, policy makers, and practitioners. In addition, members receive the **Southern Gerontologist**, a quarterly newsletter that complements JAG by providing updates on applied projects, member activities and emerging issues, and informing members of new books and videos of interest to the field of aging.

**Student privileges:** Membership discount, Conference registration discount, Networking & Leadership opportunities

**SGS Committees** are member-friendly and provide an excellent opportunity to enhance one's professional development. By adding your voice to SGS you can help ensure that dialogue and cooperation maintain the balance between research and practice, through the guiding principle of SGS-- the alliance of practitioners and academicians to enhance the lives of our elders.

For more information contact **Lora Gage**, SGS Executive Director, at [Lgage4sgs@aol.com](mailto:Lgage4sgs@aol.com).

She will gladly send you an application and information. Don't miss the opportunity to become a member of a group of the South's most respected gerontology professionals.

**NOT YET A MEMBER?! JOIN TODAY! ONLINE!!**

**[HTTP://WWW.SOUTHERNGERONTOLOGICALSOCIETY.ORG/JOIN.HTML](http://www.southerngerontologicalsociety.org/join.html)**